Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Webinar

Podcast: Your Safe Space: Let's Talk About Vaping

Evidence ratings:
This resource is currently under evaluation. See our Help/Q&A section for more details.

Year:
Targeted Drugs: Electronic Cigarettes/Vaping
Tags:
Origin: Australian
Cost:
Free

Available

This podcast episode is available on Apple Podcasts, Spotify, and YouTube.

Listen to 'Your Safe Space' on Apple Podcasts

Listen to 'Your Safe Space' on Spotify

Watch 'Your Safe Space' on YouTube

Developers

Your Safe Space podcast, hosted by Adele Maree.

Summary

Podcast length: 24 minutes.
Adele Maree shared why she chooses not to vape and directs her listeners to evidence-based resources.

Expected Benefits

- Understanding of evidence-based resources available on Positive Choices

Evidence Base

The podcast section on vaping was reviewed by researchers at the Matilda Centre, University of Sydney.

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