

Welcome to the *Positive Choices* Webinar Series

Today's Webinar:



How to talk with teenagers about alcohol use

Professor Steve Allsop
National Drug Research Institute,
Curtin University

For more information or to register, see

www.positivechoices.org.au/resources/webinars/



Coming up in 2018...

Substance use prevention for Aboriginal and Torres Strait Islander youth

Dr Mieke Snijder



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In case you missed it...



Personality-targeted interventions for prevention: the Prevention program.
A/Prof Nicola Newton & Erin Kelly
[Available on demand on Positive Choices.](#)



How to Engage Your Students with Evidence-Based Drug Education
Siobhan Lawler

[Available on demand on Positive Choices.](#)



Drugs & Alcohol and the Maturing Adolescent Brain.

Dr Louise Newton

[Available on demand on Positive Choices.](#)

Drugs and Alcohol

Get the facts, Stay smart, Stay safe

What is *Positive Choices* ?

www.positivechoices.org.au

- Central access point for trustworthy, up-to-date drug and alcohol information and educational resources
- Learning resources, factsheets, videos, and games to engage young people with drug education
- Access to classroom-based prevention programs that are proven to reduced drug-related harms

Suggestions/feedback:
info@positivechoices.org.au



Developed by NDARC and NDRI, in consultation with teachers, parents and students. Funded by Australian Department of Health.

Drugs and Alcohol

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How to talk with teenagers about alcohol use

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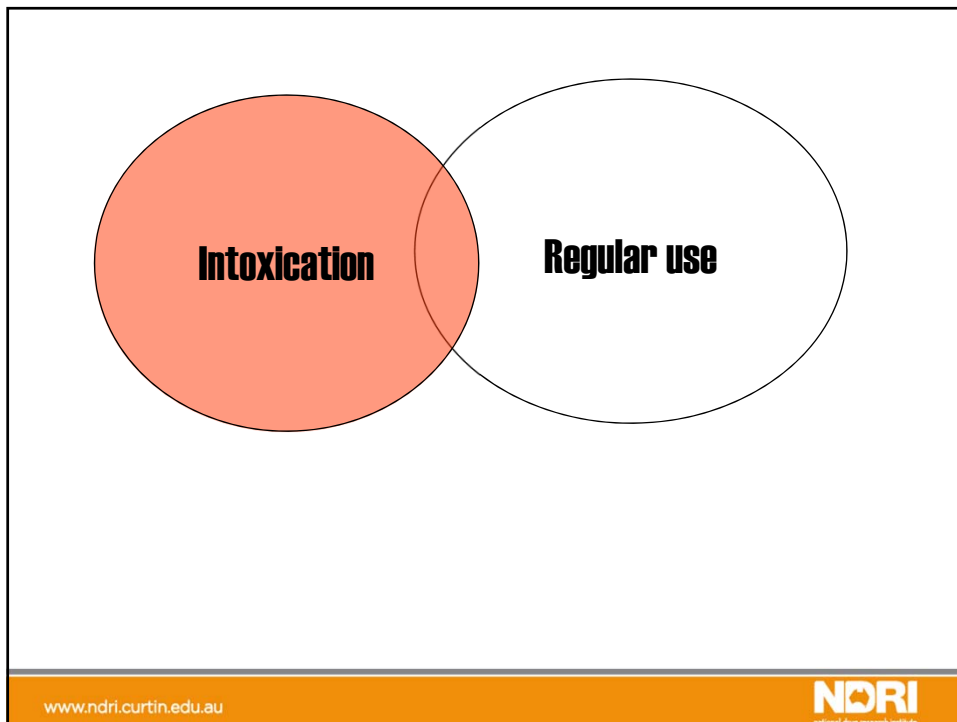
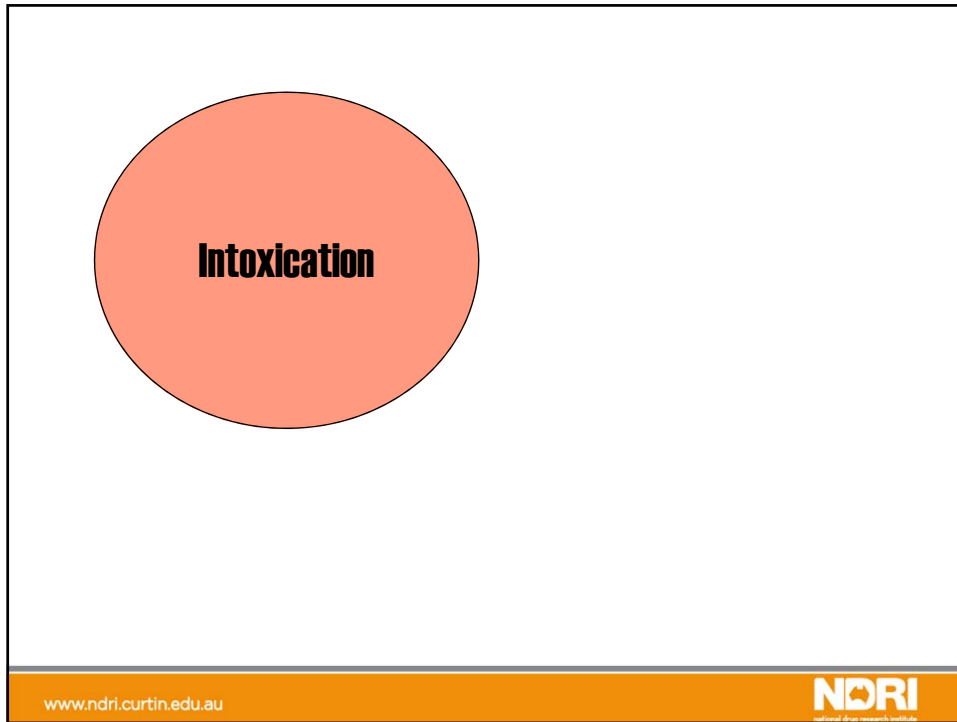
Webinar, Thurs 21st September

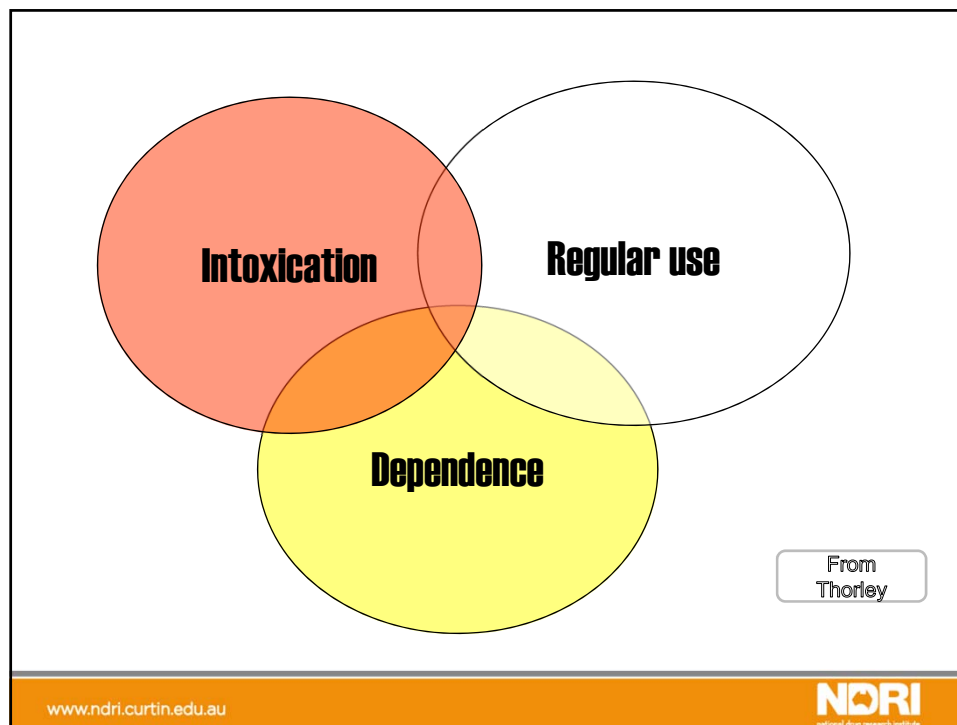


Drugs and Alcohol

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Drug effects and drug related problems are related to patterns of use





Risk factors

- Individual factors
 - Genetic characteristics and vulnerabilities
 - Sensation/novelty seeking; Poor problem solving; Self-esteem and alienation
 - Poorly managed ADHD; CD in early years
 - Low social and emotional competence
 - Fetal exposure
- Family factors
 - Favourable attitudes to drug use/drinking/ poor supervision and monitoring
 - Family disharmony, conflict, violence, abuse and/or neglect
 - Life events; Trauma; Hazardous use in family (e.g. CDRC)
- Community factors
 - Poor housing and economic circumstances; deviant peers
 - Poor connectedness
- Availability
 - Actual and perceived

Protective factors

- Quality family life – harmony, support
- Connectedness and sense of belonging
 - School
 - Adults
 - Community
 - “Spiritual”, not just material
- Social and academic competence

Individual
e.g. Health
Sex
Age

From
Zinberg

Drug
e.g. Pharmacology
Amount and How often

Environment
e.g. Time
Place

How do risk and protective factors have influence?

- Risk and protective factors have influence directly and may interact or combine/operate cumulatively
 - e.g. impulsivity may be associated with drug use when drugs are readily available & perception of peer acceptance of drug use
 - Impact of parental drug use ameliorated by quality care & boundaries
- Timing of exposure to risk factors may influence risk
 - e.g. early initiation appears to increase risk

www.ndri.curtin.edu.au

NDRI
National Drug Research Institute

Thank-you
Questions or Comments?

To find out more, visit:

www.positivechoices.org.au



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More webinars on demand...

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Suggest a topic: info@positivechoices.org.au

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