

# Accessing Evidence-Based Prevention Programs

The screenshot displays the Positive Choices website interface. At the top, there are navigation links for Teachers, Parents, and Students, along with Sign In, Register, Getting Started, and Contact Us. The main header features the Positive Choices logo, a search bar, and navigation links for Drugs A to Z, Resources, Q&A, and Help. The title 'Drugs and Alcohol' is prominently displayed with the tagline 'Get the facts, Stay smart, Stay safe'. Below the header, three main resource categories are highlighted: Teacher Resources, Parent Resources, and Student Resources. Each category includes a list of specific programs and activities, such as 'Influences and Reasons for Drug Use: Class Activity' and 'The Reconstructors: A Plaguing Problem'. A large mouse cursor is pointing at the search bar.

Teachers Parents Students Sign In Register Getting Started Contact Us

Positive Choices Learning Resources

Drugs A to Z Resources Q&A Help

Search teachers

Drugs and Alcohol  
Get the facts, Stay smart, Stay safe

Teacher Resources

Parent Resources

Student Resources

**Influences and Reasons for Drug Use: Class Activity.** Students explore why people do/don't use drugs.

**Climate Schools: Alcohol & Cannabis Module.** Curriculum-based online program featuring an engaging cartoon-based drama.

**Prevention.** School-based program to increase personality-specific coping skills in high-risk teenagers.

**View all Teacher Resources**

**How do Adolescent Friendship Networks Influence Mental Health and Substance Use Among Young People?** This webinar explains how adolescent friendship networks can impact on youth mental health and substance use patterns.

**Making the Link: How to approach conversations with your teen.** These videos demonstrate how to talk to teens about drug use and motivate them to make changes.

**Why do young people use drugs?** Explore some of the reasons and how to respond.

**View all Parent Resources**

**The Reconstructors: A Plaguing Problem.** Solve crimes by explaining the facts and learn how opioids affect the body.

**Helping someone who has taken an illegal drug.** Be prepared: Learn what to look for and how to help in an emergency.

**Choices for Life: Sophie's Story.** Sophie and her friend are invited to a party where there will be older kids and alcohol.

**View all Student Resources**



# Drugs and Alcohol

Get the facts, Stay smart, Stay safe

# Accessing Evidence-Based Prevention Programs

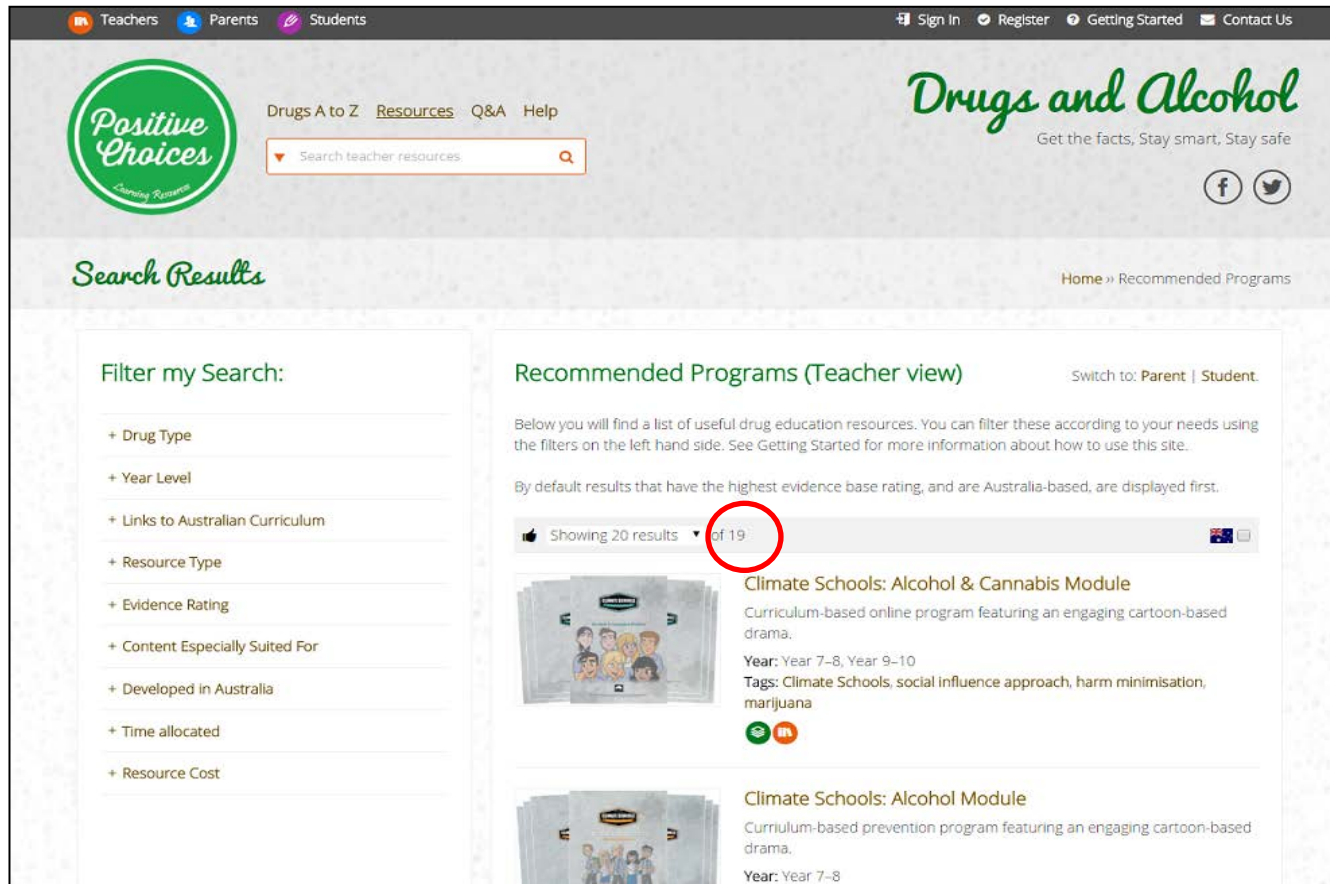
The screenshot shows the 'Positive Choices' website interface. At the top, there are navigation links for 'Teachers', 'Parents', and 'Students', along with 'Sign In', 'Register', 'Getting Started', and 'Contact Us'. The main header features the 'Positive Choices' logo, a search bar for 'Search teacher resources', and the title 'Drugs and Alcohol' with the tagline 'Get the facts, Stay smart, Stay safe'. Below the header, the 'Resources' section is displayed, with a breadcrumb trail 'Home » Resources'. A text box asks 'Looking for specific resources?' and provides information about resource organization. Three resource categories are highlighted: 'Recommended Programs' (with a mouse cursor pointing to it), 'Quick Activities', and 'Factsheets'. Each category includes a representative image and a brief description of the resource.



## Drugs and Alcohol

Get the facts, Stay smart, Stay safe

# Accessing Evidence-Based Prevention Programs



The screenshot displays the Positive Choices website interface. At the top, there are navigation links for Teachers, Parents, and Students, along with Sign In, Register, Getting Started, and Contact Us. The main header features the Positive Choices logo, a search bar for teacher resources, and the site title "Drugs and Alcohol" with the tagline "Get the facts, Stay smart, Stay safe".

The search results page is titled "Search Results" and includes a "Filter my Search:" section on the left with various criteria such as Drug Type, Year Level, Links to Australian Curriculum, Resource Type, Evidence Rating, Content Especially Suited For, Developed in Australia, Time allocated, and Resource Cost.

The main content area is titled "Recommended Programs (Teacher view)" and includes a "Switch to: Parent | Student" option. Below this, there is a list of resources. A red circle highlights the text "Showing 20 results of 19" in the search results bar. The first resource listed is "Climate Schools: Alcohol & Cannabis Module", described as a curriculum-based online program featuring an engaging cartoon-based drama, suitable for Year 7-8 and Year 9-10. The second resource is "Climate Schools: Alcohol Module", a curriculum-based prevention program featuring an engaging cartoon-based drama, suitable for Year 7-8.



Drugs and Alcohol

Get the facts, Stay smart, Stay safe

# Accessing programs – SHAHRP

**Search Results**

Filter my Search:

- Drug Type
- Year Level
- Links to Australian Curriculum
- Resource Type
- Evidence Rating
- Content Especially Suited For
- Developed in Australia
- Time allocated
- Resource Cost

**Recommended Programs (Teacher view)**

Showing 20 results of 19

- Climate Schools: Alcohol & Cannabis Module**  
Curriculum-based online program featuring an engaging cartoon-based drama.  
Year: Year 7-8, Year 9-10  
Tags: Climate Schools, social influence approach, harm minimisation, marijuana
- Climate Schools: Alcohol Module**  
Curriculum-based prevention program featuring an engaging cartoon-based drama.  
Year: Year 7-8  
Tags: Climate Schools, social influence approach, harm minimisation
- Get Ready**  
Curriculum-based drug and alcohol education program.  
Year: Year 7-8, Year 9-10
- Resilient Families Program**  
Combined school-based and family intervention.  
Year: Year 7-8  
Tags: Families intervention, parent education, parent-adolescent communication, social support
- SHAHRP: School Health and Alcohol Harm Reduction Project**  
Classroom program focused on development of skills to reduce alcohol-related harms.  
Year: Year 7-8, Year 9-10  
Tags: harm minimisation, skills-based approach, Portuguese language version

A mouse cursor is pointing to the SHAHRP Teaching Manual link.

**Positive Choices** Learning Resources

Teachers | Parents | Students

Sign In | Register | Getting Started | Contact Us

Drugs A to Z | Resources | Q&A | Help

Search teacher resources

**Recommended Programs**

Home » Teachers » SHAHRP: School Health and Alcohol Harm Reduction Project

**Quick Links**

- Print this Resource
- Share this Resource
- Recommend (2)
- Tweet

**SHAHRP: School Health and Alcohol Harm Reduction Project**

**Teaching Manual**

Evidence rating: **+++**

This resource is supported by multiple published studies.  
See our [Help/Q&A](#) section for more details.

Year: Year 7-8, Year 9-10

Targeted Drugs: Alcohol

Tags: harm minimisation, skills-based approach, Portuguese language version

**Resource Overview**

**Attachments**

Curriculum Mapping Document for SHAHRP

**Time Allocated**

**Developers**

National Drug Research Institute, Curtin University.

**Available**

Click here to view School Health and Alcohol Harm Reduction Project



# Accessing programs – SHAHRP

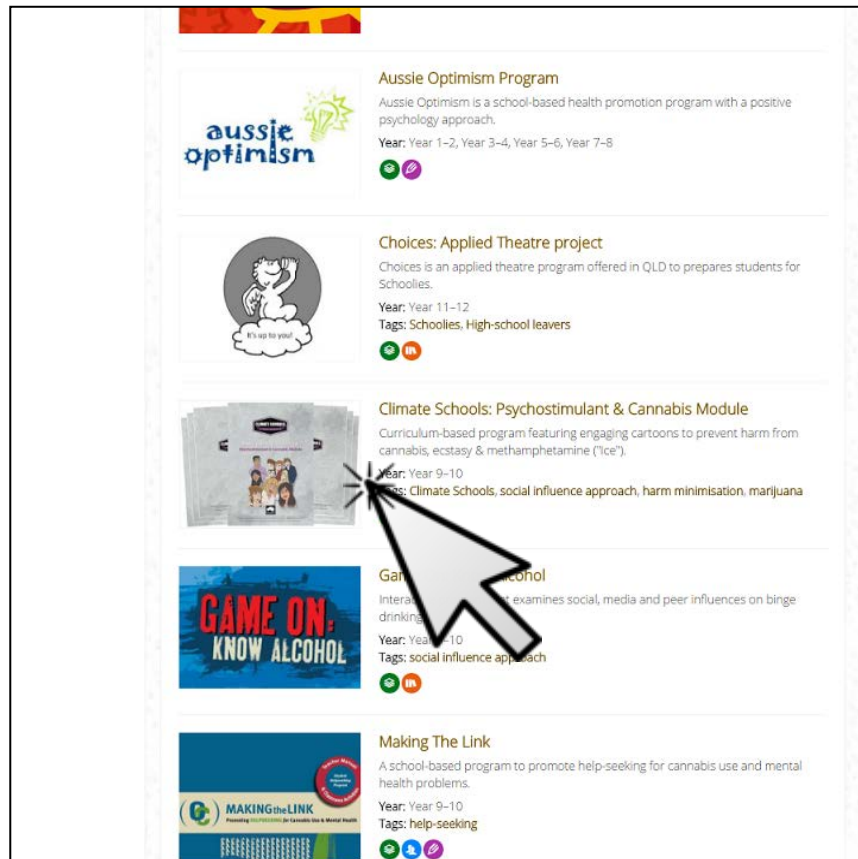
<b>Resource Overview</b>	<b>Developers</b>
<b>Attachments</b> Curriculum Mapping Document for SHAHRP	National Drug Research Institute, Curtin University.
<b>Time Allocated</b> 7 lessons or more	<b>Available</b> <a href="#">Click here to view School Health and Alcohol Harm Reduction Project</a>
<b>Links to National Curriculum</b> <ul style="list-style-type: none"><li>• ACPPS051 (Yr 5-6)</li><li>• ACPPS053 (Yr 5-6)</li><li>• ACPPS054 (Yr 5-6)</li><li>• ACPPS055 (Yr 5-6)</li><li>• ACPPS056 (Yr 5-6)</li><li>• ACPPS057 (Yr 5-6)</li><li>• ACPPS058 (Yr 5-6)</li><li>• ACPPS072 (Yr 7-8)</li><li>• ACPPS073 (Yr 7-8)</li><li>• ACPPS074 (Yr 7-8)</li><li>• ACPPS075 (Yr 7-8)</li><li>• ACPPS076 (Yr 7-8)</li><li>• ACPPS077 (Yr 7-8)</li><li>• ACPPS078 (Yr 7-8)</li><li>• ACPPS089 (Yr 9-10)</li><li>• ACPPS090 (Yr 9-10)</li><li>• ACPPS091 (Yr 9-10)</li><li>• ACPPS092 (Yr 9-10)</li><li>• ACPPS093 (Yr 9-10)</li><li>• ACPPS094 (Yr 9-10)</li><li>• ACPPS095 (Yr 9-10)</li></ul>	<b>Format</b> Conducted in classrooms over two years (teacher administered): <ul style="list-style-type: none"><li>• Phase 1 (Year 8): 8 x 60-minute lessons</li><li>• Phase 2 (Year 9): 5 x 50-minute lessons and a DVD.</li></ul> Training: Two days teacher training ideal prior to each phase.
<b>Origin</b> Australian Resource	<b>Summary</b> SHAHRP is a classroom based program aimed at reducing alcohol-related harm and risky consumption. It is designed to be implemented at a time when prevalence data indicates that young people are starting to experiment with alcohol. The SHAHRP activities incorporate various strategies for interaction including delivery of utility information; skill rehearsal; individual and small group decision making; and discussions based on scenarios suggested by students, with an emphasis on identifying alcohol-related harm and strategies to reduce harm. Interactive involvement is emphasised, with two-thirds of activities being primarily interactive and another 15% requiring some interaction between students.  The SHAHRP program was developed with students and teachers and reflects the life experiences of young people, while also fitting well within the school curriculum. The program is culturally adaptable and behavioural results have been replicated in Northern Ireland and in Brazil providing strong proof of evidence.
<b>Cost</b> Freely available	<b>Benefits</b> <ul style="list-style-type: none"><li>• Delays and reduces the rate of growth in alcohol use</li><li>• Reduces binge-drinking and alcohol-related harms</li><li>• Increases alcohol knowledge</li><li>• Creates safer alcohol-related attitudes.</li></ul>
<b>Content Especially Suited For</b> High-risk students	<b>Evidence Base</b> Benefits of the SHAHRP program have been demonstrated in trials conducted in Australia, Northern Ireland and Brazil.  McKay, M. T., McBride, N. T., Sumnall, H. R., & Cole, J. C. (2012). Reducing the harm from adolescent alcohol consumption: results from an adapted version of SHAHRP in Northern Ireland. <i>Journal of Substance Use, 17</i> (2), 98-121.  McBride, N., Farrington, F., Meuleners, L. and Midford, R., and Phillips, M. (2006). The School Health and Alcohol Harm Reduction Project and SHAHRP 2000. Monograph No 6. National Drug Research Institute; Perth, Western Australia.  McBride, N., Farrington, F., Midford, R., Meuleners, L., & Phillips, M. (2004). Harm minimization in school drug education: final results of the School Health and Alcohol Harm Reduction Project (SHAHRP). <i>Addiction, 99</i> (3), 278-291.  McBride, N., Farrington, F., Midford, R., Meuleners, L., & Phillips, M. (2003). Early unsupervised drinking - reducing the risks. The School Health and Alcohol Harm Reduction Project. <i>Drug and Alcohol Review, 28</i> (3), 263-276.  McBride, N., Midford, R., Farrington, F., & Phillips, M. (2000). Early results from a school alcohol harm minimization study: the School Health and Alcohol Harm Reduction Project. <i>Addiction, 95</i> (7), 1021-1042.  The SHAHRP program received a two-star rating from the National Centre for Education and Training on Addiction (NCETA) following their comprehensive systematic review of alcohol education programs.



# Drugs and Alcohol

Get the facts, Stay smart, Stay safe

# Accessing programs – Climate Schools



The screenshot shows a list of educational programs. A mouse cursor is pointing to the 'Climate Schools: Psychostimulant & Cannabis Module' entry. The programs listed are:

- Aussie Optimism Program**  
Aussie Optimism is a school-based health promotion program with a positive psychology approach.  
Year: Year 1-2, Year 3-4, Year 5-6, Year 7-8
- Choices: Applied Theatre project**  
Choices is an applied theatre program offered in QLD to prepares students for Schoolies.  
Year: Year 11-12  
Tags: Schoolies, High-school leavers
- Climate Schools: Psychostimulant & Cannabis Module**  
Curriculum-based program featuring engaging cartoons to prevent harm from cannabis, ecstasy & methamphetamine ("Ice").  
Year: Year 9-10  
Tags: Climate Schools, social influence approach, harm minimisation, marijuana
- Game On! Know Alcohol**  
Interactive program that examines social, media and peer influences on binge drinking.  
Year: Year 9-10  
Tags: social influence approach
- Making The Link**  
A school-based program to promote help-seeking for cannabis use and mental health problems.  
Year: Year 9-10  
Tags: help-seeking



## Drugs and Alcohol


Get the facts, Stay smart, Stay safe

# Accessing programs – Climate Schools

## Quick Links

- Print this Resource
- Share this Resource
- Recommend
- Tweet

## Climate Schools: Psychostimulant & Cannabis Module



Evidence rating: **++**  
This resource is supported by one published study.  
See our [Help/Q&A](#) section for more details.

Year: Year 9-10  
Targeted Drugs: Cannabis, Ecstasy, 'Ice' (Methamphetamine), Methamphetamine  
Tags: Climate Schools, social influence approach, harm minimisation, marijuana

## Resource Overview

**Time Allocated**  
1-6 lessons

**Links to National Curriculum**

- ACPPS089 (Yr 9-10)
- ACPPS090 (Yr 9-10)
- ACPPS091 (Yr 9-10)
- ACPPS092 (Yr 9-10)
- ACPPS093 (Yr 9-10)
- ACPPS095 (Yr 9-10)

**Origin**  
Australian Resource

**Cost**  
Costs Involved:

**Related Resources**

- Climate Schools: Alcohol & Cannabis Module
- Climate Schools: Alcohol Module

## Developers

NHMRC Centre of Research Excellence in Mental Health and Substance Use, National Drug & Alcohol Research Centre, UNSW.

**Available**

[Click here to view Climate Schools](#)

**Format**

This curriculum-based online program is designed to be administered by teachers within classrooms. The program involves **6 x 45-minute lessons**, each with two components:

- A 15-minute computer-based component
- Teacher delivered classroom activities.

No specialist teacher training is required. Booster sessions are also available. This module is ideally delivered 6 months to 1 year after the **Climate Schools: Alcohol and Cannabis Module**.

**Summary**

The Climate Schools: Psychostimulant and Cannabis Module was developed for 14-15 year olds and aims to prevent and reduce drug use and related harms. Designed to be implemented within the school health curriculum, Climate Schools is based on a social influence approach to prevention and uses cartoon storylines to engage and maintain student interest and involvement.

Students follow six episodes of an online cartoon-based drama about teenagers and their experiences. Through the storyline, students learn different drug classifications and their effects, the short and long term consequences of psychostimulants and cannabis, how to identify drug-related risk and stay safe, communication styles and being assertive, problem-solving skills, legal implications of drug use, and how to get help. Each episode ends with a short quiz to assess and consolidate learning. The class and homework activities are designed to reinforce the material taught in the cartoon and encourage students to apply the preventative messages and skills. Feedback indicates that teachers and students enjoy the program, and implementation within the classroom environment is highly feasible.

**Training and Costs**

There are costs associated with the Climate Schools programs. Refer to the [website](#) for registration and subscription details.

**Benefits**

- Increases knowledge of cannabis and psychostimulants
- Decreases pro-drug attitudes
- Reduces cannabis use frequency in female students.

**Evidence Base**

Benefits of the Climate Schools Psychostimulant & Cannabis Module have been demonstrated in Australia in the following research study:

Vogl, L. E., Newton, N. C., Champlon, K. E., & Teesson, M. (2014). A universal harm-minimisation approach to preventing psychostimulant and cannabis use in adolescents: a cluster randomised controlled trial. *Substance abuse treatment, prevention, and policy*, 9(1), 24.



# Search filters

The screenshot shows a web browser window with the URL <https://positivechoices.org.au/teachers/>. The page title is "Teacher resources" and the breadcrumb is "Home » Teacher resources".

**Sort my search by:**

- + Drug Type
- + Year Level
- + Links to Australian Curriculum
- + Resource Type
- + Evidence Rating
- + Content Especially Suited For
- + Developed in Australia
- + Time allocated
- + Resource Cost

**Welcome to the Teacher portal** [Switch to: Parents | Student.](#)

Below you will find a list of useful drug education resources. You can filter these according to your needs using the filters on the left hand side. See [Getting Started](#) for more information about how to use this site.

By default results that have the highest evidence rating, and are Australia-based, are displayed first.

Showing 20 results of 98 [View all results](#)

**Climate Schools: Alcohol & Cannabis Module**  
Curriculum-based online program featuring an engaging cartoon-based drama.  
Year: Year 7-8, Year 9-10  
Tags: Climate Schools, social influence approach, harm minimisation, marijuana

**Climate Schools: Alcohol Module**  
Curriculum-based prevention program featuring an engaging cartoon-based drama.  
Year: Year 7-8  
Tags: Climate Schools, social influence approach, harm minimisation



# Drugs and Alcohol

Get the facts, Stay smart, Stay safe



# How can I find a resource that matches a curriculum item?

The screenshot shows the Positive Choices website interface. At the top, there are navigation links for Teachers, Parents, and Students, along with Sign In, Register, Getting Started, and Contact Us. The main header features the Positive Choices logo, a search bar for teacher resources, and the title "Drugs and Alcohol" with the tagline "Get the facts, Stay smart, Stay safe". Below the header, there are three main resource categories: Teacher Resources (highlighted with a mouse cursor), Parent Resources, and Student Resources. Each category lists specific resources with brief descriptions and icons for social media or sharing.

Teachers Parents Students Sign In Register Getting Started Contact Us

Positive Choices Learning Resources

Drugs A to Z Resources Q&A Help

Search teacher resources

Drugs and Alcohol Get the facts, Stay smart, Stay safe

Teacher Resources

Parent Resources

Student Resources

Influences and Reasons for Drug Use: Climate Schools. Students explore why people do/don't use...

Climate Schools: Alcohol & Cannabis Module. Curriculum-based online program featuring an engaging cartoon-based drama.

Prevention. School-based program to increase personality-specific coping skills in high-risk teenagers.

View all Teacher Resources

How do Adolescent Friendship Networks Influence Mental Health and Substance Use Among Young People?. This webinar explains how adolescent friendship networks can impact on youth mental health and substance use patterns.

Making the Link: How to approach conversations with your teen. These videos demonstrate how to talk to teens about drug use and motivate them to make changes.

Why do young people use drugs?. Explore some of the reasons and how to respond.

View all Parent Resources

The Reconstructors: A Plaguing Problem. Solve crimes by explaining the facts and learn how opioids affect the body.

Helping someone who has taken an illegal drug. Be prepared: Learn what to look for and how to help in an emergency.

Choices for Life: Sophie's Story. Sophie and her friend are invited to a party where there will be older kids and alcohol.

View all Student Resources

<http://www.australiancurriculum.edu.au/curriculum/overview>



AC Australian CURRICULUM v8.1 F-10 Curriculum Senior secondary Curriculum

Health and Physical Education

Drugs and Alcohol Get the facts, Stay smart, Stay safe

# How can I find a resource that matches a curriculum item?

Sort my search by:

- + Drug Type
- + Year Level
- Links to Australian Curriculum**

*Click any curriculum code below to be redirected to [australiancurriculum.edu.au](http://australiancurriculum.edu.au) for more information*

**Foundation Year**

- ACPPS006 (Fdn Yr)

**Year 1-2**

- ACPPS018 (Yr 1-2)
- ACPPS021 (Yr 1-2)

**Year 3-4**

- ACPPS035 (Yr 3-4)
- ACPPS036 (Yr 3-4)
- ACPPS039 (Yr 3-4)
- ACPPS040 (Yr 3-4)

**Year 5-6**

- ACPPS051 (Yr 5-6)
- ACPPS053 (Yr 5-6)
- ACPPS054 (Yr 5-6)
- ACPPS055 (Yr 5-6)
- ACPPS056 (Yr 5-6)
- ACPPS057 (Yr 5-6)
- ACPPS058 (Yr 5-6)

**Year 7-8**

- ACPPS070 (Yr 7-8)
- ACPPS072 (Yr 7-8)
- ACPPS073 (Yr 7-8)
- ACPPS074 (Yr 7-8)
- ACPPS075 (Yr 7-8)
- ACPPS076 (Yr 7-8)
- ACPPS077 (Yr 7-8)
- ACPPS078 (Yr 7-8)
- ACPPS079 (Yr 7-8)

**Year 9-10**

- ACPPS089 (Yr 9-10)
- ACPPS090 (Yr 9-10)
- ACPPS091 (Yr 9-10)
- ACPPS092 (Yr 9-10)
- ACPPS093 (Yr 9-10)
- ACPPS094 (Yr 9-10)
- ACPPS095 (Yr 9-10)
- ACPPS096 (Yr 9-10)
- ACPPS097 (Yr 9-10)
- ACPPS098 (Yr 9-10)


## Welcome to the Teacher portal

Switch to: [Parents](#) | [Student](#)

Below you will find a list of useful drug education resources. You can filter these according to your needs using the filters on the left hand side. See [Getting Started](#) for more information about how to use this site.

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Showing 20 results of 98 [View all results](#)




### Climate Schools: Alcohol & Cannabis Module

Curriculum-based online program featuring an engaging cartoon-based drama.

Year: Year 7-8, Year 9-10

Tags: Climate Schools, social influence approach, harm minimisation, marijuana



### Climate Schools: Alcohol Module

Curriculum-based prevention program featuring an engaging cartoon-based drama.

Year: Year 7-8

Tags: Climate Schools, social influence approach, harm minimisation

Health and Physical Education / Foundation Year / Personal, Social and Community Health / Contributing to healthy and active communities / ACPPS006

### Content Description

Identify actions that promote health, safety and wellbeing


### Elaborations

- identifying household substances that can be dangerous and suggesting examples of how they can be stored safely in the home (S, AD)
- grouping foods into categories such as food groups and 'always' and 'sometimes' foods (FN)
- recognising and following safety symbols and procedures at home and in water and road environments (S)
- understanding the importance of personal hygiene practices, including hand washing, face washing, nose blowing and toilet routines (S)
- recognising that being kind, fair and respectful to others can support class health and wellbeing (RS, MH)
- looking at different ways the community keeps them safe, for example devices like lights, procedures like safe swimming or safe food handling and safety volunteers

### ScOT catalogue terms

- Safety
- Wellbeing
- Health promotion

### Discover resources



+ Drug Type

+ Year Level

- Links to Australian Curriculum: ACPPS074 (Yr 7-8)

Curriculum links are only available for the F-10 Health and Physical Education Australian Curriculum.

#### Foundation Year

ACPPS006 (Fdn Yr)

#### Year 1-2

ACPPS018 (Yr 1-2)

ACPPS021 (Yr 1-2)

#### Year 3-4

ACPPS035 (Yr 3-4)

ACPPS036 (Yr 3-4)

ACPPS039 (Yr 3-4)

ACPPS040 (Yr 3-4)

#### Year 5-6

ACPPS051 (Yr 5-6)

ACPPS053 (Yr 5-6)

ACPPS054 (Yr 5-6)

ACPPS055 (Yr 5-6)

ACPPS056 (Yr 5-6)

ACPPS057 (Yr 5-6)

ACPPS058 (Yr 5-6)

#### Year 7-8

ACPPS070 (Yr 7-8)

ACPPS072 (Yr 7-8)

ACPPS073 (Yr 7-8)

ACPPS074 (Yr 7-8)

ACPPS075 (Yr 7-8)

ACPPS076 (Yr 7-8)

Contributing to healthy and active communities.

ACPPS078 (Yr 7-8)

ACPPS079 (Yr 7-8)

#### Year 9-10

ACPPS089 (Yr 9-10)

# Curriculum items

- Hover over curriculum item to see category to which it applies
- Check the curriculum item box you need and view resources that apply to that description

Drugs and Alcohol

Get the facts, Stay smart, Stay safe

# How can I find a resource for a certain group?

The screenshot shows the Positive Choices website interface. At the top, there are navigation links for Teachers, Parents, and Students. A search bar is present with the text "Search teacher resources". The main header features the "Drugs and Alcohol" logo and the tagline "Get the facts, Stay smart, Stay safe". Below the header, there are three main resource categories: Teacher Resources, Parent Resources, and Student Resources. Each category has a corresponding image and a list of resources. A mouse cursor is pointing at the "Teacher Resources" button.

**Teacher Resources**

- Influences and Reasons for Drug Use: Class**. Students explore why people do/don't use.
- Climate Schools: Alcohol & Cannabis Module**. Curriculum-based online program featuring an engaging cartoon-based drama.
- Prevention**. School-based program to increase personality-specific coping skills in high-risk teenagers.

[View all Teacher Resources](#)

**Parent Resources**

- How do Adolescent Friendship Networks Influence Mental Health and Substance Use Among Young People?**. This webinar explains how adolescent friendship networks can impact on youth mental health and substance use patterns.
- Making the Link: How to approach conversations with your teen**. These videos demonstrate how to talk to teens about drug use and motivate them to make changes.
- Why do young people use drugs?**. Explore some of the reasons and how to respond.

[View all Parent Resources](#)

**Student Resources**

- The Reconstructors: A Plaguing Problem**. Solve crimes by explaining the facts and learn how opioids affect the body.
- Helping someone who has taken an illegal drug**. Be prepared. Learn what to look for and how to help in an emergency.
- Choices for Life: Sophie's Story**. Sophie and her friend are invited to a party where there will be older kids and alcohol.

[View all Student Resources](#)



Sort my search by:

- + Drug Type
- + Year Level
- + Links to Australian Curriculum
- + Resource Type
- + Evidence Rating
- + Content Especially Suited For: Aboriginal & Torres Strait Islanders
- + Developed in Australia
- + Time allocated
- + Resource Cost

Welcome to the Teacher portal

Switch to: [Parents](#) | [Student](#).

Below you will find a list of useful drug education resources. You can filter these according to your needs using the filters on the left hand side. See [Getting Started](#) for more information about how to use this site.

By default results that have the highest evidence rating, and are Australia-based, are displayed first.

Showing 20 results of 3

[View all results](#) 



**Making The Link**

A school-based program to promote help-seeking for cannabis use and mental health problems.

Year: Year 9–10

Tags: help-seeking



**Grog Brain Story**

Aims to provide Indigenous Australians with accessible information about alcohol's effects on the brain and behaviour.

Year: Year 9–10, Year 11–12

Tags: Warlpiri language, Kriol language



**NCPIC: Cannabis Yarns**

Stories and information about the impact of cannabis on Aboriginal communities and culture.

Tags: Aboriginal and Torres Trait Islanders



## Sort my search by:

+ Drug Type

+ Year Level

+ Links to Australian Curriculum

+ Resource Type

+ Evidence Rating

+ Content: Especially Suited For: High-risk students

+ Developed in Australia

+ Time allocated

+ Resource Cost

## Welcome to the Teacher portal

Switch to: [Parents](#) | [Student](#)

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By default results that have the highest evidence rating, and are Australia-based, are displayed first.

Showing 20 results of 7

[View all results](#)



### SHAHRP: School Health and Alcohol Harm Reduction Project

Classroom program focused on development of skills to reduce alcohol-related harms.

Year: Year 7-8, Year 9-10

Tags: harm minimisation, skills-based approach, Portuguese language version



### Prevention

School-based program to increase personality-specific coping skills in high-risk teenagers.

Year: Year 7-8, Year 9-10

Tags: personality style, impulsive, sensation-seeking, negative thinking, anxiety sensitivity



### Project Towards No Drug Abuse (Project TND)

Interactive drug prevention program on improving coping skills, decision-making and motivation.

Year: Year 9-10, Year 11-12

Tags: Spanish language



### Strengthening Families Program

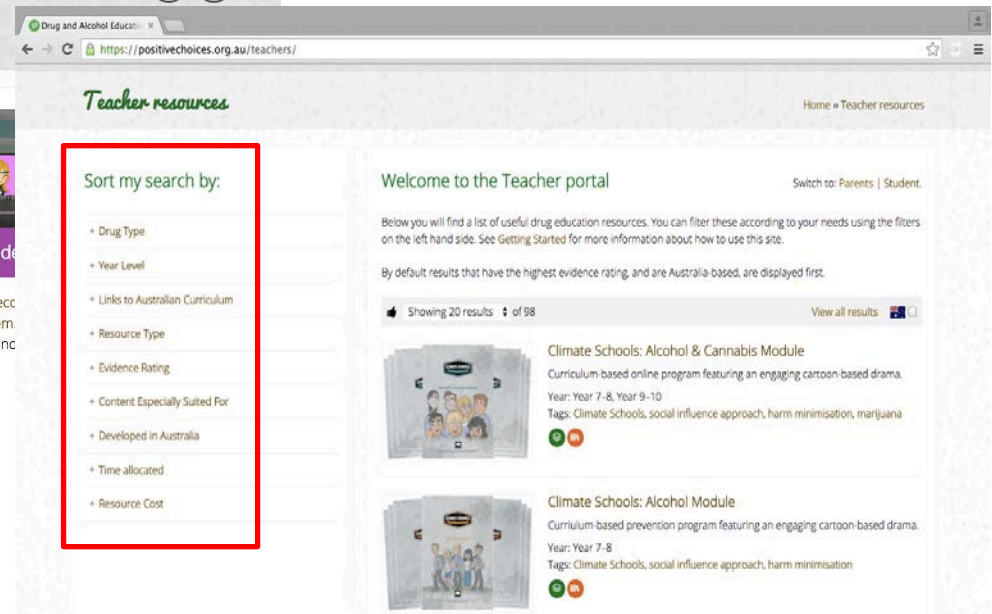
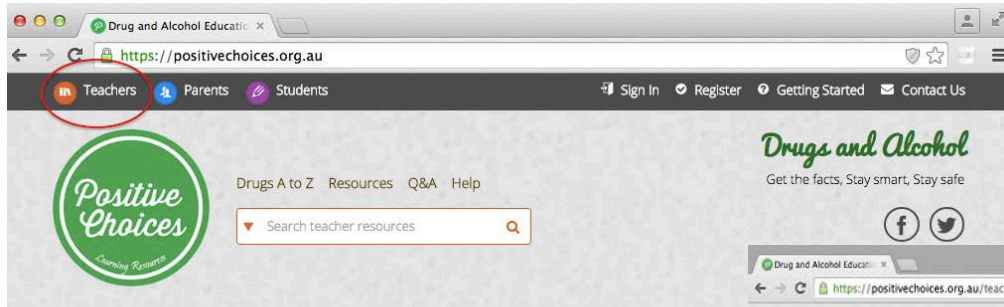
Improve family relationships and communication.

Year: Foundation Year, Year 1-2, Year 3-4, Year 5-6, Year 7-8, Year 9-10

Tags: Families intervention, parent education, parent-child communication



# How can I find a resource that fits multiple selection criteria?



# How can I find a resource that fits multiple selection criteria?

**Teacher resources** Home » Teacher resources

**Sort my search by:**

- + Drug Type: Cannabis
- + Year Level
- + Links to Australian Curriculum
- + Resource Type
- Evidence Rating
  - Supported by multiple published studies
  - Supported by one published study
  - Expert review
  - Under evaluation
  - Not yet evaluated
- Update**
- + Content Especially Suited For
- + Developed in Australia
- + Time allocated
- + Resource Cost

**Welcome to the Teacher portal** Switch to: Parents | Student

Below you will find a list of useful drug education resources. You can filter these according to your needs using the filters on the left hand side. See **Getting Started** for more information about how to use this site.

By default results that have the highest evidence rating, and are Australia-based, are displayed first.

Showing 20 results of 33

**Climate Schools: Alcohol & Cannabis**  
Curriculum-based online program featuring an engaging cartoon-based drama.  
Year: Year 7-8, Year 9-10  
Tags: Climate Schools, social influence approach

**Get Ready**  
Curriculum-based drug and alcohol education program.  
Year: Year 7-8, Year 9-10

**Botvin Life Skills Training program**  
Skills for navigating challenging situations.  
Year: Year 3-4, Year 5-6, Year 7-8, Year 9-10, Year 11-12  
Tags: Spanish language version

**Sort my search by:**

- + Drug Type: Cannabis
- + Year Level: Year 9-10
- + Links to Australian Curriculum
- + Resource Type: Recommended Programs
- + Evidence Rating: Supported by multiple published studies
- + Content Especially Suited For
- + Developed in Australia
- + Time allocated
- + Resource Cost

**Welcome to the Teacher portal** Switch to: Parents | Student

Below you will find a list of useful drug education resources. You can filter these according to your needs using the filters on the left hand side. See **Getting Started** for more information about how to use this site.

By default results that have the highest evidence rating, and are Australia-based, are displayed first.

Showing 20 results of 5 **View all results**


**Climate Schools: Alcohol & Cannabis Module**  
Curriculum-based online program featuring an engaging cartoon-based drama.  
Year: Year 7-8, Year 9-10  
Tags: Climate Schools, social influence approach, harm minimisation, marijuana

**Get Ready**  
Curriculum-based drug and alcohol education program.  
Year: Year 7-8, Year 9-10

**Botvin Life Skills Training program**  
Skills for navigating challenging situations.  
Year: Year 3-4, Year 5-6, Year 7-8, Year 9-10, Year 11-12  
Tags: Spanish language version

**Project Towards No Drug Abuse (Project TND)**  
Interactive drug prevention program on improving coping skills, decision-making and motivation.  
Year: Year 9-10, Year 11-12  
Tags: Spanish language

**Strengthening Families Program**  
Improve family relationships and communication.  
Year: Foundation Year, Year 1-2, Year 3-4, Year 5-6, Year 7-8, Year 9-10  
Tags: Families intervention, parent education, parent-child communication





# How can I make an account?

The image shows a screenshot of the Positive Choices website. At the top, there is a navigation bar with links for Teachers, Parents, and Students. A red circle highlights the 'Register' link in the top right corner. Below the navigation bar is the main header with the 'Positive Choices' logo, a search bar for teacher resources, and the text 'Drugs and Alcohol - Get the facts, Stay smart, Stay safe'. The main content area is divided into three columns: Teacher Resources, Parent Resources, and Student Resources. Each column has a title, a description, and a 'View all' link. On the right side, there is a 'Register for an account' section with a heading, a sub-heading, and a form. The form includes a dropdown menu for account type, fields for Username/Email and Password, and a SUBMIT button. To the right of the form is a 'Have an account? Login now.' section with a link to login. Below the login section is an 'About Registering with Positive Choices' section with three sub-sections: 'It's simple!', 'It's safe', and 'We value your feedback'. The bottom of the page features a large 'Positive Choices' logo on the left and the text 'Drugs and Alcohol - Get the facts, Stay smart, Stay safe' on the right.

Teachers Parents Students

Register Getting Started Contact Us

Positive Choices Learning Resources

Drugs A to Z Resources Q&A Help

Search teacher resources

Drugs and Alcohol Get the facts, Stay smart, Stay safe

Teacher Resources

Parent Resources

Student Resources

Register for an account

Register for an account on Positive Choices!

Signing up to an account will allow you to use a whole host of tools available on our site, such as bookmarking resources and sharing them.

Please select your user account type \*

This will allow us to tailor information specific for you.

Please select.

Username / Email \*

An email is required for your username.

Password \*

SUBMIT

Have an account? Login now.

Login into your free Positive Choices account.

About Registering with Positive Choices

It's simple!

Specify which user account you need, enter your name and email. Register quickly and easily.

It's safe

We store your information securely and never share it without your permission. We won't fill your inbox with spam. Please see our privacy statement for more details.

We value your feedback

Having trouble logging in or are having technical problems? Or would you like to give us feedback or suggest content for our "Q&A" or "Getting Help" section? Then please email support@positivechoices.org.au with your message and your contact details and we will get back to you as soon as we can.

Positive Choices Learning Resources

Drugs and Alcohol Get the facts, Stay smart, Stay safe

# Save resources to your account

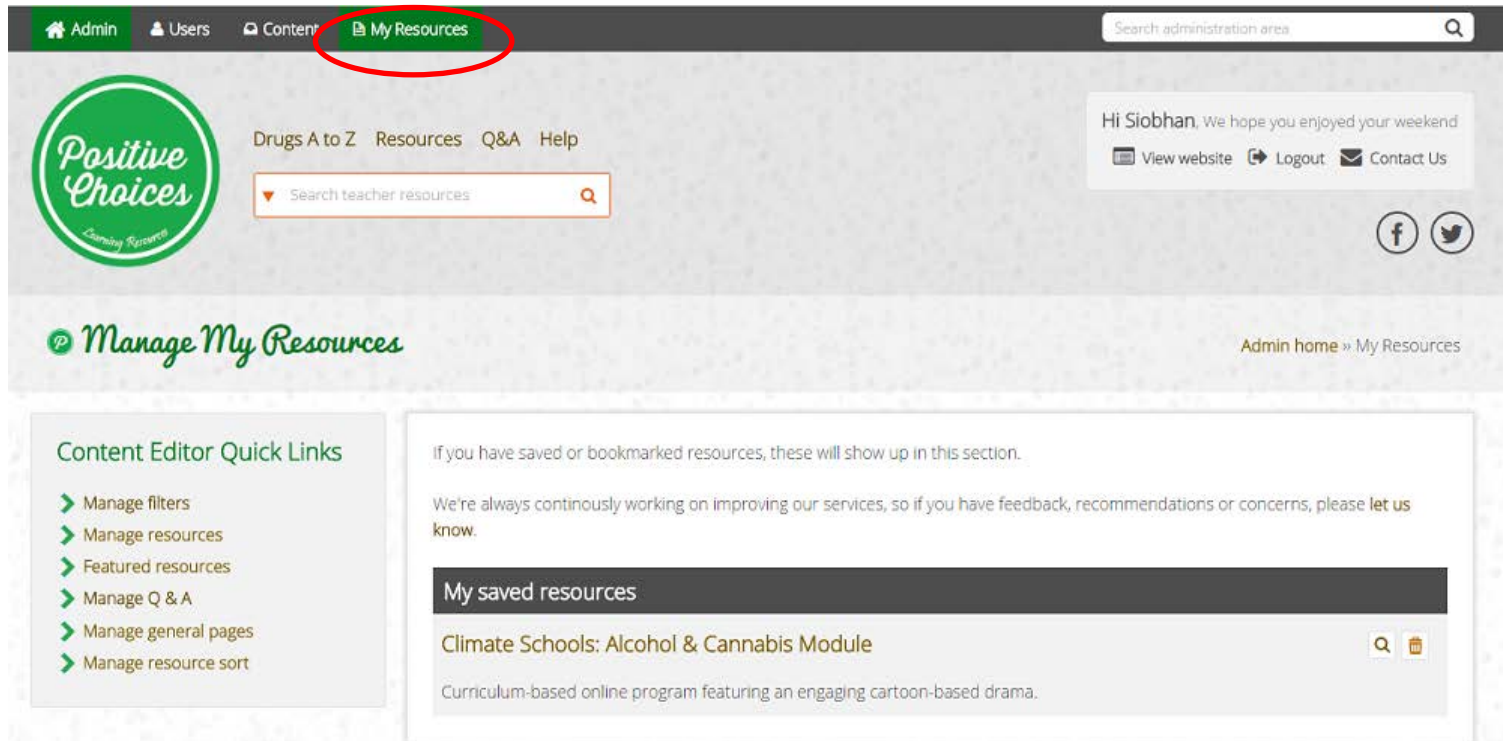
The screenshot shows a web page titled "Recommended Programs" with a breadcrumb trail: "Home » Teachers » Climate Schools: Alcohol & Cannabis Module". On the left, a "Quick Links" menu includes "Add to My Resources" (circled in red), "Print this Resource", and "Share this Resource". The main content area features a resource card for "Climate Schools: Alcohol & Cannabis Module" with an evidence rating of three green stars. A modal dialog box titled "Confirm bookmark" is open, containing the text: "Add to My Resources", "You can add as many resources as you like and review them when ever you like.", and "Close to cancel of select confirm to add the resource". The dialog has "Close" and "CONFIRM" buttons, with a mouse cursor clicking on "CONFIRM".



## Drugs and Alcohol

Get the facts, Stay smart, Stay safe

# Access saved resources



The screenshot shows the 'My Resources' page in the Positive Choices Learning Resources system. The navigation bar at the top includes 'Admin', 'Users', 'Content', and 'My Resources', with 'My Resources' highlighted by a red circle. A search bar for the administration area is on the right. The main content area features the 'Positive Choices Learning Resources' logo, navigation links for 'Drugs A to Z', 'Resources', 'Q&A', and 'Help', and a search box for teacher resources. A personalized message for 'Siobhan' is displayed, along with social media icons for Facebook and Twitter. The 'Manage My Resources' section is active, showing a list of 'Content Editor Quick Links' and a 'My saved resources' section. The saved resource is 'Climate Schools: Alcohol & Cannabis Module', described as a curriculum-based online program featuring an engaging cartoon-based drama.

Admin Users Content **My Resources** Search administration area

Positive Choices Learning Resources

Drugs A to Z Resources Q&A Help

Search teacher resources

Hi Siobhan, We hope you enjoyed your weekend

View website Logout Contact Us

f t

Manage My Resources Admin home » My Resources

Content Editor Quick Links

- Manage filters
- Manage resources
- Featured resources
- Manage Q & A
- Manage general pages
- Manage resource sort

If you have saved or bookmarked resources, these will show up in this section.

We're always continuously working on improving our services, so if you have feedback, recommendations or concerns, please **let us know**.

**My saved resources**

Climate Schools: Alcohol & Cannabis Module

Curriculum-based online program featuring an engaging cartoon-based drama.



## Drugs and Alcohol

Get the facts, Stay smart, Stay safe

# Recap

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## 1. Background

- Rates of use
- Adolescent brain development & drug use
  - prevention critical = harm reduction

## 2. Development of Positive Choices

## 3. How can I use Positive Choices to plan my lessons?

- Overview of resources
- Explanation of search filter feature
- Resource selection via curriculum item
- Make account & save resources



*Drugs and Alcohol*

Get the facts, Stay smart, Stay safe

# Thanks for being part of the *Positive Choices Webinar Series*

Join us again...

For more information  
or to register, see  
[www.positivechoices.org.au/resources/webinars/](http://www.positivechoices.org.au/resources/webinars/)

Suggest a topic:  
[info@positivechoices.org.au](mailto:info@positivechoices.org.au)



1st September, 2016

**Dr Louise Mewton**

Mental health, substance use  
and adolescent brain  
development.

Register now.



Available on demand

**Dr Cath Chapman**

Co-occurring mental health  
and substance use disorders  
and how they affect young  
people. Watch now.



Available on demand

**Dr Nicola Newton &  
Dr Lexine Stapinski**

How parents and schools can  
protect against drug related  
harms. Watch now.

[www.positivechoices.org.au](http://www.positivechoices.org.au)

## Drugs and Alcohol

Get the facts, Stay smart, Stay safe

