

# Worksheet: Myths or facts about alcohol

## Instructions:

Search the web for information on the myths or facts about alcohol.

- Drinking coffee will help to sober you up.
- Alcohol makes it easier for people to socialise.
- Fizzy (carbonated) alcoholic drinks affect you more rapidly than non-fizzy alcoholic drinks.
- Alcohol makes people feel happy.
- The worst thing that can happen if you drink too much alcohol is a bad hangover.
- Alcohol contains calories, but little else of nutritional value.
- Illicit drugs cause more harm than alcohol.
- Drinking makes you adventurous and cool.
- It's impressive if you can handle lots of alcohol.
- Alcohol helps you perform in the bedroom.
- Most people my age drink alcohol.
- You can't give consent when intoxicated.
- Alcohol is not a drug.
- Mixing drinks makes you more intoxicated.
- Switching between drinks causes a hangover.