Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Video

Behind the News High: Are teens drinking less?



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 7–8, Year 9–10, Year 11–12

Targeted Drugs: Alcohol

Tags: alcohol, video, behind the news high

Time Allocated: Partial lesson (under 45mins)

Links to National Curriculum:
AC9HP8P08 (Yr 7-8), AC9HP10P08 (Yr 9-10)

Origin: Australian

Cost:
Free

Available

This video is available on the ABC website.

Watch 'Are teens drinking less?'

Developer

- Behind the News, The Australian Broadcasting Corporation (ABC)

Summary

This video discusses the declines in the number of young people drinking alcohol. It explores the health effects of drinking alcohol, with a focus on brain development. It also discusses the changing drinking culture in Australia. The video includes interviews with Craig Martin (Alcohol and Drug Foundation), and Professor Ian Hickie (Brain and Mind Centre, University of Sydney). A transcript, curriculum links, focus questions and activities are available on the ABC website.

Video length: 4:14

Expected Benefits

- Increased knowledge of the health effects of alcohol
- Increased knowledge of trends in alcohol consumption in Australia

Evidence Base

Expert Review*:

The video was developed by the Australian Broadcasting Corporation (ABC) and includes input from experts. The facts provided about alcohol trends and harms are aligned with current evidence (see Alcohol: Factsheet for more information). It has a high production quality and uses animation to present complex information about the health effects of alcohol in an engaging, relevant, and easy to understand way. The video includes interviews with young Australians to increase relevance to students.

*Review provided by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

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