Video

Can We Talk About Alcohol and Drugs



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 1–2, Year 3–4, Year 5–6, Year 7–8

Targeted Drugs: Alcohol, Drugs (General)

Tags: parent-child communication

Origin: International

Cost:
Free

Available

This video is available on YouTube

Watch 'Can we talk about alcohol and drugs?' video

Developers

The National Education Association Health Information Network (USA).

Summary

Video length: 3:20

This brief video illustrates how parents can talk with their children about the prevention of alcohol and drug abuse, and how these conversations change from primary school through to university.

Evidence Base

Expert Review*:

This video provides appropriate guidance for parents about when is an appropriate time to start talking to children about drugs, how to broach these topics, and common reactions to expect. It also briefly updates parents about issues related to the increased availability of drugs via the internet. With a simple but important message, this very brief video provides a very useful starting point for busy parents.

*Review provided by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

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