



Drug and Alcohol Education: Parent Booklet



Evidence ratings:

This resource has undergone expert review. See our [Help/Q&A section](#) for more details.

Year:

Targeted Drugs: Alcohol, Benzodiazepines, Cannabis, Cocaine, Drugs (General), Emerging Drugs (“Legal Highs”), GHB, Hallucinogens, Heroin, “Ice” (Methamphetamine), Inhalants, Ketamine, Methamphetamine, “Party Drugs”/MDMA/Ecstasy, Tobacco

Tags:

Origin: Australian

Cost:

Free

Attachments

 [Drug Education - Parent Booklet](#)

Developers

This booklet series was funded by the Australian Government and developed by:

- The Matilda Centre for Research in Mental Health and Substance Use (formerly the NHMRC Centre of Research Excellence in Mental Health and Substance Use)
- National Drug & Alcohol Research Centre, UNSW
- National Drug Research Institute, Curtin University.

Available

Summary

This information booklet is part of a series developed for teachers, parents and students. The Parent booklet was developed to provide:

- Accurate evidence-based information about illegal drugs, their use and effects;
- Guidance about how to talk to a young person about illegal drugs, and ways that parents can protect against drug use and related harms;
- Information about how to help someone who has taken an illegal drug.

Evidence Base

This resource was developed following expert review by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney, the National Drug & Alcohol Research Centre at the University of New South Wales, and the National Drug Research Institute at Curtin University.

The previous edition of this booklet was updated in October 2019 to access the archived version [click here](#).

Page last reviewed: 7 November 2019.