Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Factsheet

Drug and Alcohol Education: Parent Booklet

Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year:

Targeted Drugs: Alcohol, Benzodiazepines, Cannabis, Cocaine, Drugs (General), Electronic Cigarettes/Vaping, Emerging Drugs ("Legal Highs"), GHB, Hallucinogens, Heroin, "Ice" (Methamphetamine), Inhalants, Ketamine, MDMA/Ecstasy, Tobacco

Tags:

Origin: Australian

Cost:
Free

Attachments

Drug Education - Parent Booklet

Available

These booklets are available as an online flipbook and downloadable PDF.

Link to flipbook Parent version

Download PDF Parent version

Hard copy booklets are currently unavailable. You can express your interest in future print runs here.

Developers

This booklet series was funded by the Australian Government and developed by:

- The Matilda Centre for Research in Mental Health and Substance Use (formerly the NHMRC Centre of Research Excellence in Mental Health and Substance Use)
- National Drug & Alcohol Research Centre, UNSW
- National Drug Research Institute, Curtin University.

Summary

This information booklet is part of a series developed for teachers, parents and students. The Parent booklet was developed to provide:

- Accurate evidence-based information about illegal drugs, their use and effects;
- Guidance about how to talk to a young person about illegal drugs, and ways that parents can protect against drug use and related harms;
- Information about how to help someone who has taken an illegal drug.

Evidence Base

This resource was developed following expert review by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney, the National Drug & Alcohol Research Centre at the University of New South Wales, and the National Drug Research Institute at Curtin University.

This booklet was updated in October 2019 and January 2025. Click on the links to access the archived first and second editions.

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