Positive Choices
Drug and Alcohol Information
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Nyarrparlu yungulu jana warra warra kanyi Aboriginal manu Torres Strait Islander patuju pama manu drugs kijaku - Warlpiri



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Foundation Year, Year 1–2, Year 3–4, Year 5–6, Year 7–8, Year 9–10, Year 11–12

Targeted Drugs: Alcohol, Drugs (General)

Tags: Warlpiri Translation

Origin: Australian

Cost:
Free

Attachments

Nyarrparlu yungulu jana warra warra kanyi Aboriginal manu Torres Strait Islander patuju pama manu dr

Nyampurra kula jaruju, ngulaju:



Jarrpa jarrimirli family,ji?

Ngati nyanu nyunturlu, ngulaju kanpa mardani worry yangka nyuntu nyangu kurdu kurlangu lives,rla. Nyuntu nyangu kurdungku ka ngarni pama manu drugs manu janyungu, nyampurra kula help,ji:

1. Support kurlu nyinaya wiri kirli

- Kajinpa nyuntu nyangu kurdu support mani, ngulaju kujaju ngurrju. Help-pi mani kangku kujarluju. Jalangu warnu patuju kalu wajampa jarrimi yamgka kajili jana yapa karirli kuluku kuluku mani manu kajili yirraru nyina. Kajili kuja nyina ngulaju kapulu pama manu drugs kirra jarrimi jiki manu janyungu kurra jarrimi.
- Support manta jana wangkanjarlau manu wangkaya jana kuja kanpa jana nyunturlurlu purdanyanyi.

2. Role model ngurrju nyinaya

- Kajinpa manngu nyanyi warrarda pama manu drugs, kula kujaju ngurrju nyuntu nyangu kurdukuju. Yangka kajinpa nyina janyungu manu pama manu drugs wangu ngulaju kapu nyuntu nyangu kurduju ngurrju nyina kujarra piya



wangu.

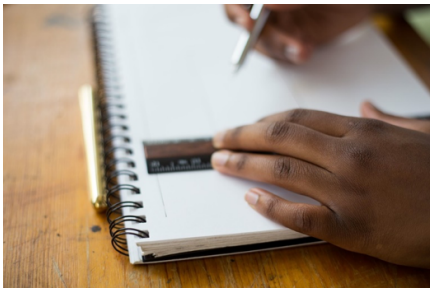
- Manurlu janapinamanta culture kurlu manu sportsku manu nyiya kanti kantiki.

3. Ngurrju manta pirrjirdi manu jungarni nyinanjaku warlaljarla

- Kajinpa family yangka pirrjirdi mardani, ngulaju kapu kurdu nyuntu nyanguju pama wangu janyungu wangu manu drugs wangu. Kajinparla warrarda wangkami nyuntu nyangu kurduku yungu ngurrju nyinami.



4. Encourage maninjarla support manu pina manta



- Knowledge,ji ngulaju pirrjirdi nyayirni, kajinpa pina mani nyuntu nyangu kurdu culture kurlu manu kajinpa kurdu yilyami kuurlu kurra yungunpa pina mani manu muurl-mardani drugs pinki kijaku. Milki yirraka jana nyanungurra nyangu goals.

5. Lawa manta pama manu drugs

- Natirla yungka nyuntu nyangu kurduku janyungu, pama manu drugs. Ngurra nyangka warrurla kujarra kuju.
- Help-pi manta nyuntu nyangu kurdu, wangkaya jana family kariki yangka nati yinjaku janyungu, pama manu drugs.



6. Encourage maninjaku community warrkingka

- Yangka warrkiji ngulaju sports pinki manu manyu karrinjaku nyiyarla, rlangu kujarluju kapungku ngurrju mani pirlirrpa manu health.
- Kajinpa jana teach mani culture kurlu kurdu kurduku nyuntu nyangu familyki, ngulaju kapulu wardinyi nyinami culture kuju manu pirrjirdi. Ngulaju kaji kalu painting,rla jarri manu nyiya kanti kanti ngurrju mani manu wirlinyi kaji kalu yani.

7. Ngarrika jana yangka nati yungulu smoke mani manu drugs kanyi

- Kurdu nyuntu nyangurlu marda kula ka milya pinyi pama manu drugs kirliji yangka dangerous nyanungurraju. Kuja jangkaju kaji kalu nyanu murru murru mani. Family,rli wangkaya nyampuju important nyayirni wangkanjaku janyungu kurlu manu drugs kirliji. Kajinpalu nyanu wangkami janyungu kurlu manu drugs kirli yangka ngawu nyampurraju janyungu manu drugs. Kujaju important nyayirni pama kurluju manu drugs kirliji.

8. Milya pungka jana nyuntu nyangu kurdu kurlangu marlpa



- Marlpangku kaji kangku ngawu kurra kanyi. Kaji kalu jana jinyi jinyi mani nyanugurra nyangu marlpangku yangka yungulu jintangka juku nganta nyina.
- Manu ngana kurluka nyuntu nyangu kurdu warru wapa. Wangkaya jana marlpa patuku manu friendski nyuntu nyangu rules kurlu pama manu drugs kijaku.
- Kapulu nyarra kujarluju help-pi mani kajinpa pressure,ngka nyina.

Positive Choices artwork by Jenna Lee (Larrakia artist, Gilimbaa).

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