Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Video

Psychoactive drug classifications



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 9–10, Year 11–12

Targeted Drugs: Drugs (General)

Tags: drug classifications, polydrug use

Time Allocated: Partial lesson (under 45mins)

Origin: Australian

Cost:
Free

Available

This video is available on YouTube.

Watch 'Psychoactive drug classifications'

Developer

- Dovetail, Queensland Health

Summary

This animated video explains three common classifications for psychoactive drugs: depressants, stimulants, and hallucinogens. It outlines the different effects drugs can have and highlights the risks of polydrug use.

Video length: 1:40

Expected Benefits

- Increased knowledge of psychoactive drug classifications.

Evidence Base

Expert Review*:

The video was developed by Dovetail, a Queensland Health program that provides information and support to workers, services, and communities who engage with young people affected by alcohol and other drug use. The video clearly defines common classifications for psychoactive drugs and uses animations to engage the viewer.

*Review provided by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

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