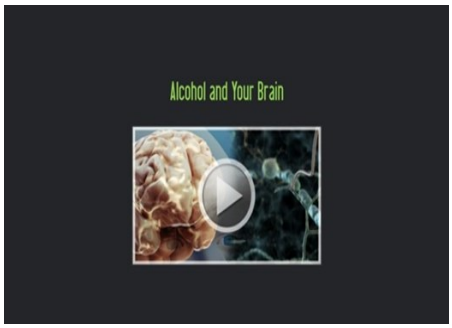
App

Alcohol and Your Brain App



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 9–10, Year 11–12

Targeted Drugs: Alcohol

Tags: blood alcohol concentration, BAC, quiz, neuroscience

Origin: Australian

Cost:
Free

Available

This app is available for iOS and Android devices

Download on the Apple App Store

Download on Google Play

Description

This app features a high-quality, 7-minute video on the effects of alcohol on the brain and body. It explains standard drinks, how alcohol is processed by the body, and how this is affected by factors such as gender, weight, food and prescription and illicit drugs. The app also contains a quiz, so you can test what you have learned.

Developers

Australian Lions Drug Awareness Foundation (ALDAF) and 3Dme.

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