Video

Alcohol and Your Brain

Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 7–8, Year 9–10, Year 11–12

Targeted Drugs: Alcohol

Tags:

Origin: International

Cost:
Free

Available

This video is available on YouTube.

Watch 'Alcohol and Your Brain'

An audio described version is available on YouTube.

A free virtual reality (VR) version is available through the Meta App Store.

Summary

- This animated video shows a rollercoaster ride through the human brain, highlighting the effects of alcohol on five key areas and how this can change behaviour. An accessible version of the video is available with audio descriptions. Those with virtual reality (VR) headsets can access a free, immersive version of the animation.

Developer

- National Institute on Alcohol Abuse and Alcoholism (NIAAA), National Institutes of Health (NIH), United States Department of Health & Human Services

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