



Video 

# Energy Drinks



**Evidence ratings:**



This resource has undergone expert review. See our Help/Q&A section for more details.

**Year:**

**Targeted Drugs:** Energy drinks

**Tags:** energy drinks, catalyst, news

**Origin:** Australian

**Cost:**

Free

## Available

This video is available on the ABC website

[Watch 'Energy Drinks' video](#)

## Description

This 15-minute video from the ABC's Catalyst program begins with a real-life story of a teenager's death after consuming pre-mixed alcohol and energy drinks. The video then investigates what is an energy drink, and what happens to people's bodies when they consume energy drinks. Medical experts are interviewed on the topic, as well as a representative from the Australian Beverages Council.

## Developers

The Australian Broadcasting Corporation (ABC).