



Video 

## Get Ready: Year 9 Trigger Video



**Evidence ratings:**



This resource has undergone expert review. See our Help/Q&A section for more details.

**Year:** Year 9-10

**Targeted Drugs:** Alcohol, Cannabis

**Tags:** party, consequences

**Origin:** Australian

**Cost:**

Free

### Available

This video is available on the Victorian Department of Education website

[Watch 'Year 9 Trigger' video](#)

### Description

This video is set at a Year 9 party and examines the possible consequences of drinking alcohol and smoking cannabis. Abbey drinks alcohol thinking it will make her more confident to talk to a boy she likes. Vlad has a sports game the next day, but drinks alcohol and smokes cannabis to relax.

### Developers

The State of Victoria (Department of Education and Early Childhood Development), Edith Cowan University, University of Melbourne Youth Research Centre.