App

Health Effects of Doping



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year:

Targeted Drugs: Drugs (General), Prescription Medication, Steroids

Tags: Performance enhancing drugs, Virtual reality

Origin: Australian

Cost:
Free

Available

This app is available for iOS and Android devices

Download 'Health Effects of Doping' on the Apple App Store

Download Health Effects of Doping' on the Google Play Store

Summary

Using augmented reality, create an athlete avatar, who experiences the negative health effects of doping. Specifically, this app looks at the effects of steroids, stimulants, EPO, HGH, SARMs and opioids. But it's not all doom and gloom. After looking at all the negative effects, hear about the benefits of being a 'clean freak'. Lastly, take the quiz and see how you stack up against other players, including top international athletes.

Developers

Sports Integrity Australia in collaboration with Drug Free Sport New Zealand.

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