Positive Choices
Drug and Alcohol Information
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Yumpla go yan abaut elpe pren or pamle memba uda gad drug ane alcohol problem (Part 1 of 3) - Torres Strait Islander Creole



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 7–8, Year 9–10, Year 11–12

Targeted Drugs: Alcohol, Drugs (General)

Tags: Torres Strait Islander Creole Translation

Origin: Australian

Cost:
Free

Attachments

Yumpla go yan abaut elpe pren or pamle memba uda gad drug ane alcohol problem (Part 1-3)

Da key messazes blong dis fact sheet e:



Be-po yu yan po pren or pamle memba blo yu...

Yu no uptu mekem yuselp. E gud idea po yan pass wair sumwan yu trust (e ken be Anti, Uncle, mum, dad, tisa, school counsellor, big sissy or bala, or nada pamle memba). Diswan e ken elpe yu pind gud wei's po go der po tok po da person yu wori abaut.

Wiswei ip yu kant yan abaut dis ting wair dempla?

Yu-e mait kant yan po da pren or pamle memba abaut dis issue becoz ob culture blo yumi.

E ken elpe po tok po Anti, Uncle, mum, dad blo yu po pind-aut uda ken elpe ane tok po dempla.

Mek sure yu gad sumwan po sapot yu tu.

Wen sumwan e gad problem becoz ob alcohol ane drugs, e ken affect yu tu. E also important po gedi sumwan po sapot yu tu ip e ged tu ad po yu.

Sapot wananada e olwais bin strength blong yumpla Aboriginal ane Tores Stret Ailan culture. Yumpla komyunity e strong wen yumpla e karm tigeda po lukaut ane sapot wananada.



Larn abaut da drug yu e tink da pren or pamle memba mait be taking.

E gad plenty ob information lo dis website po pind aut mohr abaut ol diprent type ob drugs.



Yu muss gad clear idea ob wanem e meke yu wori abaut dempla uda e teke da drugs.

E ken elpe yu ip yu e sabe wiskain yu go tok abaut dis wair pren or pamle memba blo yu ane wanem yu go spik po dempla.

Yu ken tok abaut dis wair sumwan yu trust pass. Yu ken cusa spik po dempla; ‘da person yu wori po, em no act laik emselp, wiskain I go tok abaut dis wair dempla?’

Meke taim ane go sumwair po tok wair nobodi ken disturb yutu.

E go be gud po go sake lain or wagbaut wair sanbis, or lo wan creek, go sumwair wair e quiet wair nobodi e ken disturb yutu.

Wair Part 2 yumpla go tok abaut mohr, wiskain po elpe yu stat e da tok.

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