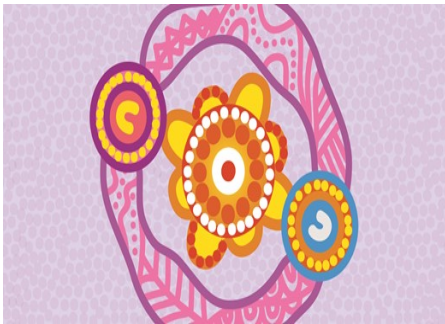




# Yumpla go yan about elpe pren or pamle memba uda gad drug ane alcohol problem (Part 2 of 3) Torres Strait Islander Creole



## Evidence ratings:



This resource has undergone expert review. See our Help/Q&A section for more details.

**Year:** Year 7–8, Year 9–10, Year 11–12

**Targeted Drugs:** Alcohol, Drugs (General)

**Tags:** Torres Strait Islander Creole Translation

**Origin:** Australian

**Cost:**

Free

## Attachments

[↓ Yumpla go yan about elpe pren or pamle memba uda gad drug ane alcohol problem \(Part 2 of 3\)](#)

## Part tu

Wair dis part tu (2) blo dis factsheet yumpla go tok about wiskain po stat e da yan po pren or pamle memba blo yu.

## Wanem po mekem wen yu e yan po da pren or pamle memba blo yu?

- ☘ **Yu muss stap calm ane reasonable.** No meke dempla wail bombai ol mait nor go wande tok po yu. Yu ken spik diskain. 'I e wori about yu ane I wande elpe yu'.
- ☘ **No zazz e dempla ane mekem dempla sem.** Sumtaim, ol pipol nor wande tok baut dempla alcohol or drug problems coz e meke dempla sem. Ip yu e sow-e dempla respect ane no zazz dempla, den ol go wande tok po yu.

## Yu ken stat by explain po dempla wanem yu wori about.

E ken elpe ip yu spik dempla wanem yu wori about, da wai dempla e act ane wiskain e meke yu pil.

No accuse e da pren or pamle memba po teke drugs, trai po explain wiskain yu e wori about elth blo dempla or wiskain dempla e act.

U ken spik demkain ya, I wori about yu, da wei blo yu e sainze, e no luk gud.

## Respect ane lesen po dempla.

Ip pren or pamle memba blo yu e wande spik po yu sumting about wanem em e wori about ane em wande sare story blo em, e important po show respect, lesen prapa en no mekem sem.

**E gad wei's po show dempla yu e lesen, olsem:**

- ☘ **Mek sure u act gad gud pasin,** olsem yu nordy ed blo yu wen dempla e spik sumting po yu, en focus lo dempla
- ☘ Trai po **rememba wanem** ol e spik en akse ol question po em about wanem em bin spik
- ☘ Ep yu e **no undastun ol sumting, akse dempla po explain** wanem dempla mean en repeat em go bygain po dempla wair words blo yu po show em yu e understand
- ☘ **Tink about** wanem da pren or pamle memba e bin sare wair yu ane **sapot dempla**

## Dempla mait no tink dempla e gad problem lo yuze alcohol or drug.

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Dempla mait go wail lo wanem yu spik ip dempla tink ol no gad problem.

Try no po meke dempla pil guilty or meke dempla sem, e gor mait push dempla away.

E mait be beta po pinis da tok nada taim or gedi nada pipol involved.

## Go der wair gud pasin po remind dempla ob ol gud

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**Go der wair gud pasin po remind dempla ob ol gud** ting wair laip blo dempla ane tok about wiskain ol mait go spoil em ip dempla e yuze drug/s ane alcohol.

Part 3