



Webinar

## Podcast: Your Safe Space: Let's Talk About Vaping



**Evidence ratings:**

This resource is currently under evaluation. See our Help/Q&A section for more details.

**Year:**

**Targeted Drugs:** Electronic Cigarettes/Vaping

**Tags:**

**Origin:** Australian

**Cost:**

Free

### Available

This podcast episode is available on Apple Podcasts, Spotify, and YouTube.

[Listen to 'Your Safe Space' on Apple Podcasts](#)

[Listen to 'Your Safe Space' on Spotify](#)

[Watch 'Your Safe Space' on YouTube](#)

### Developers

Your Safe Space podcast, hosted by Adele Maree.

### Summary

**Podcast length:** 24 minutes.

Adele Maree shared why she chooses not to vape and directs her listeners to evidence-based resources.

### Expected Benefits

- Understanding of evidence-based resources available on Positive Choices

### Evidence Base

The podcast section on vaping was reviewed by researchers at the Matilda Centre, University of Sydney.