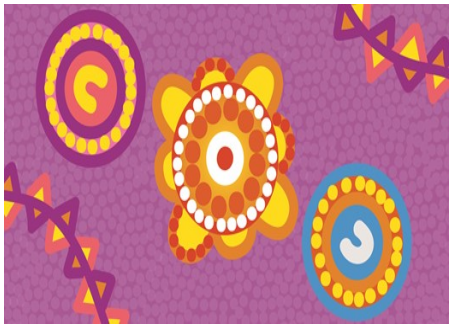
Positive Choices
Drug and Alcohol Information
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Nyarrpa jarrimi kapunpa kajingki yinya yapa kulu jarrimi drugs jangka? - Warlpiri



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 7–8, Year 9–10, Year 11–12
Targeted Drugs: Alcohol, Drugs (General)
Tags: Warlpiri Translation
Origin: Australian
Cost:

Attachments

Nyarrpa jarrimi kapunpa kajingki yinya yapa kulu jarrimi drugs jangka?

Jaru nyampurra kula



Nyarrpa jarrimi kapunpa kajingki yinya yapa kulu jarrimi drugs jangka?

Kujaju, kajinpa jata nyanyi kujaku, ngulaju yanta nyuntu nyangu pimirdi kirra manu Yapangku kuja kalu ngarni pama manu drugs ngulaju kalu kulu parnta jarrimi.

Punku uncle kurra, manu kajinpa nyanu wajampa purdanyanyi ngulaju ring-ngi mata 000 ambulanceku. Nyampuju important nyayirni kajingki kulu jarrimi pama manu drugs jangka.

Nyarrpa jarriminpa?

Kajinpa ngampurrpa nyina nyanungurraku help-pi maninjaku, ngulaju;

- Kajinpa ngampurrpa nyina nyanungurraku help-pi maninjaku, ngulaju. Ngurrju yangka kanpa jana ngarrirni kuja kanpa jana help-pi mani, kula jana ngarrika kulu karrarlu, wangkaya jana kuja “wajampa nyayirnirna nyuntuku manu yungurnangku help-pi mani”.
- Waku marlakarriya, rdaka kankarlu jarriya manu jurru kanunju jarriya.
- Yapa yinya yungu rumu wiringka nyina. Yungulu yangka lani wangu nyinami, kapungku kujarluju help-pi mani nyuntuju safe nyinanjaku.



- Time, rla yungka yapa yinya kuju wangkanjaku. Purdanyangka manu wangkaya jana. Kuja jana wangkaya: ‘punku mayi kujaju’

Kala ngakalku?

Marda kanpa nyanu marinji purdanyanyi yangka kulu jangka, marda kanpa nyanu kulu parnta purdanyanyi manu shock manu wajampa. Kuja jangka kula nyanu warra warra kamgka. Wangkaya jana familyki marda marlpaku kuja kurluju. (jangka. Aboriginal Health worker).

Nyanvgka marda nyampurra factsheet wati nyarrpangku **yungunpa help-pi mani marlpa pama manu drugs kijaku.**

Safety plan ngurrju maninjaku.

Kajinpa nyanu wajampa purdanyanyi yapaku yangka pama manu drugs jangkaku ngulaju mardaka safety plan. Nyuntu nyangu safety planji ngulaju:

- Phone number wati help kirlangu. Nyampuju ngulaji yangka 000 marda clinic manu nyuntu nyangu family member marda.
- Phone palka manta wurnturu yapa kuju purdanyanja kujakuju. Ngurrju kujaju yangka kajinpa help mani kulu wangurlu.
- Yanta ngurra ngurrju safe kirra. Marda nyuntu nyangu family, pimirdi manu Uncle manu marlpa.

Click here for more places where you can find help

Kulanpa yangarlu

Marda kanpa nyanu jinta nyanyi, kala manngu nyangka kulanpa jinta lawa, yapa panungku kaji kangkulu support mani, wangkaya jana eldersku manu jijaku yapaku. Yinyarlu juku yapangku kaji ka yampuimi pama manu drugsji. Support mani karlipa nyanu pirrjirdirli Aboriginal manu Torres Strait Islander paturlu.



Positive Choices artwork by Jenna Lee (Larrakia artist, Gilimbaa).

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