Video

Respect: earned, not injected (up to you)



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 7–8, Year 9–10, Year 11–12

Targeted Drugs: Drugs (General), Prescription Medication, Steroids

Tags:

Origin: Australian

Cost:
Free

Available

This video is available on YouTube.

Watch 'Respect: Earned, Not Injected'

Summary

Video length: 3:26

This short video provides information about performance enhancing drugs through the story of a young man who finds ways to manage peer pressure to try steroids (performance and image enhancing drugs). The video was developed as part of the "Linked Up" health and well-being program. It was developed in collaboration with organisations that work in multicultural drug and alcohol issues, and youth from culturally and linguistically diverse backgrounds. The students identified pressure to use performance enhancing drugs as an issue relevant within their age group. In addition to providing information on the effects of steroid use, this video also provides young people tips on how to avoid giving in to peer pressure. The storyline demonstrates a number of drug refusal skills in the context of performance and image enhancing drugs that could be applied to alcohol and other drugs more broadly. The diverse group of students featured in the video make the video relevant to young people from culturally diverse backgrounds.

Developers

- Linked Up program and high school students from South-West Sydney
- Filmotion Productions
- Drug and Alcohol Multicultural Education Centre
- Outloud (formerly Bankstown Youth Development Service)

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