



Game

## Standard Drink Calculator



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

**Year:** Year 7-8, Year 9-10, Year 11-12

**Targeted Drugs:** Alcohol

**Tags:** beer, wine, spirits

**Time Allocated:** Partial lesson (under 45mins)

**Origin:** Australian

**Cost:**

Free

### Available

This game is available via the NSW Health, Your Room website.

[Access Standard Drink Calculator](#)

### Description

Learn how many standard drinks are in common glasses by filling your glass to one standard drink. There are range of different types of alcoholic drinks, glass sizes and drink strengths.

### Developers

Your Room, Australia.