Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Webinar

Webinar: Alcohol, MDMA and cannabis use: Impact on the adolescent brain



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year:

Targeted Drugs: Alcohol, Cannabis, Drugs (General), MDMA/Ecstasy

Tags: alcohol, cannabis, MDMA

Origin: Australian

Cost:
Free

Attachments

Webinar handout Webinar Transcript

Developers

The Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

Available

1 hour webinar recording and handout, available on demand.

Summary

This webinar is for teachers, school staff, parents and others who are interested in understanding the effect of drugs on the adolescent brain. It explores the development of the adolescent brain and how this process is interrupted by the use of alcohol, MDMA and cannabis. It provides information on harm reduction strategies that parents and teachers can implement amongst teenagers, in order to reduce harm.

Expected Benefits

This webinar will provide:

- Information on the development of the adolescent brain.
- Information on how alcohol, MDMA and cannabis use interferes with the development of the brain.

Evidence Base

This webinar was developed by Ms Jennifer Debenham at the Matilda Centre for Research in Mental Health and Substance Use, University of Sydney. It was informed by a review of research evidence on this topic.

(Webinar conducted on 11/10/19)

© 2026 Positive Choices | Built by Netfront