Video

With and Without (Alcohol)



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 7–8, Year 9–10, Year 11–12

Targeted Drugs: Alcohol, Drugs (General)

Tags:

Origin: Australian

Cost:
Free

Available

This video is available on YouTube.

Watch 'With and Without'

Summary

Video length: 1:27

This short video provides information about the effects of alcohol by showing two alternative scenarios in a day in the life of a student. The first version shows the student after drinking alcohol and the second after not drinking. The video was a collaboration between developers of the “Linked Up” health and wellbeing program for culturally and linguistically diverse students and youth from a high school in South-West Sydney. The video’s message is highly relevant as alcohol is one of the most commonly used drugs among Australian youth. The video can be used as a conversation starting point around the physical and mental effects of alcohol use. Students were involved in every part of the video process and the youth featured in the video are from culturally and linguistically diverse backgrounds.

Developers

- Linked Up program and high school students from South West Sydney
- Filmotion Productions
- Drug and Alcohol Multicultural Education Centre
- Outloud (formerly Bankstown Youth Development Service)

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