Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Video

Behind the News High: What the history of smoking can teach us about vaping



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 7–8, Year 9–10, Year 11–12

Targeted Drugs: Electronic Cigarettes/Vaping, Tobacco

Tags:

Time Allocated: Partial lesson (under 45mins)

Links to National Curriculum:
ACPPS092 (Yr 9–10), ACPPS095 (Yr 9–10), ACPPS096 (Yr 9–10)

Origin: Australian

Cost:
Free

Available

This video is available on the ABC website.

Watch 'What the history of smoking can teach us about vaping'

Developer

- Behind the News, The Australian Broadcasting Corporation (ABC)

Summary

This video covers the history of smoking and shows how it took a long time for society to recognise the harms. It explores how history can inform discussions about the recent emergence of e-cigarettes/vapes. The video includes interviews with young Australians and with experts. A transcript and curriculum links are available on the ABC website.

Video length: 8:50

Expected Benefits

- Increased knowledge of the history of smoking and the tobacco industry
- Increased knowledge of the short-term health effects of vaping

Evidence Base

Expert Review*:

The video was developed by the Australian Broadcasting Corporation (ABC) and includes input from academic experts. It has a high production quality and uses animation to present complex information about the history of tobacco use and industry influences in an engaging and easy to understand way. The video includes interviews with young Australians to increase relevance to students.

Please note that laws around e-cigarettes have changed since the video was produced. While the video states that it is illegal to purchase nicotine e-cigarettes in Australia, these can now be purchased from pharmacies by people aged over 18 years old to support smoking/vaping cessation. Visit 'e-cigarettes, vaping and the law' for up-to-date information.

*Review provided by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

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