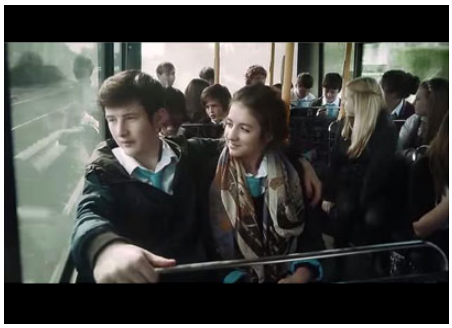
Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Video

Choices for Life: Scott's Story



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 9–10

Targeted Drugs: Cannabis

Tags:

Time Allocated: Partial lesson (under 45mins)

Links to National Curriculum:
ACPPS089 (Yr 9–10), ACPPS090 (Yr 9–10), ACPPS092 (Yr 9–10), ACPPS093 (Yr 9–10), ACPPS095 (Yr 9–10), ACPPS096 (Yr 9–10), ACPPS098 (Yr 9–10)

Origin: International

Cost:
Free

Available

This video is available on YouTube

Watch 'Scott's Story' video

There are 3 videos in this series. See also: Liam's Story and Sophie's Story.

Developers

Choices for Life, PACE Media Products, Scottish Crime and Drug Enforcement Agency.

Summary

Video length: 18.35

Scott is a drummer and put together a band with his best friend Jamie. He's nervous for the upcoming Battle of the Bands and hasn't been able to concentrate due to smoking a lot of hash with his cousin Gordon. This video explores some of the negative consequences of smoking cannabis, including the strains on friendships and relationships.

Discussion Points

- What effects could cannabis have on Scott's body?
- What effects could cocaine have on Scott's body?
- How does Gordon influence Scott's attitudes and values regarding substance use?
- What impact does Gordon have on Scott's actions?
- What decisions does Scott make regarding substance misuse? Are these informed decisions?
- Where could Scott access support if he has a problem with substance use?
- What aspects of Scott's behaviour were safe?
- What aspects of Scott's behaviour were unsafe?
- What could Chloe have done to try and avoid the accident?
- What could happen to Scott as a result of the accident?
- What are the international consequences for Scott if he is convicted of a crime involving substance use?

Expected Benefits

- Increased general knowledge about cannabis.
- Increased knowledge of drug-related effects and harms.

Evidence Base

Expert Review*:

Scott's Story is the third instalment of the 'Choices for Life' series. These videos are of a very high production quality and feature a young cast who are believable, relatable, and likeable. Each video follows the story of a particular teenager and their experiences as they encounter drug/alcohol use. Despite covering many potential consequences of drug use, the videos avoid being preachy or unbelievable. While the depicted consequences are serious, they are not sensationalised. The central messages follow a social influence approach, which is an effective and well-supported model for drug prevention with young people. The context, messages and drug-related consequences are suitable for and relevant to the target age group. Teachers should note the actors speak with Scottish accents, so for some students the content may be challenging to understand.

Scott's Story focuses on marijuana use and its associated social, academic, and mental health consequences. The storyline explores possible reasons behind adolescent drug use and a range of repercussions including paranoia, loss of motivation, and reduced attention. Scott also runs into problems with his bandmates and girlfriend as a result of his cannabis use. Taken together, this is an excellent resource which maps onto the Alcohol and other Drugs (AD) components found in the Australian Health and Physical Education curriculum for Year 9–10.

* Review provided by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

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