



# Drug and Alcohol Education: Student Booklet



**Evidence ratings:**



This resource has undergone expert review. See our Help/Q&A section for more details.

**Year:** Year 9–10, Year 11–12

**Targeted Drugs:** Alcohol, Benzodiazepines, Cannabis, Cocaine, Drugs (General), Electronic Cigarettes/Vaping, Emerging Drugs ("Legal Highs"), GHB, Hallucinogens, Heroin, "Ice" (Methamphetamine), Inhalants, Ketamine, "Party Drugs"/MDMA/Ecstasy, Tobacco

**Tags:**

**Origin:** Australian

**Cost:**

Free

## Attachments

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[Drug Education: Student Booklet](#)

## Available

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These booklets are available as an online flipbook and downloadable PDF.

[Link to flipbook Student version](#)

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## Developers

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This booklet series was funded by the Australian Government and developed by:

- The Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney;
- National Drug & Alcohol Research Centre at the University of New South Wales;
- National Drug Research Institute at Curtin University.

## Summary

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This information booklet is part of a series developed for teachers, parents and students. The Student booklet was developed to provide:

- Up-to-date facts about illegal drugs, their use and effects;
- Information about how to help someone who has taken an illegal drug;
- Information about how to talk to a friend who may have problems because of drug use;
- A guide to making informed choices and how to handle difficult situations.

## Evidence Base

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This resource was developed following expert review by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney, the National Drug & Alcohol Research Centre at the University of New South Wales, and the National Drug Research Institute at Curtin University.

This booklet was updated in October 2019 and January 2025. Click on the links to access the archived [first](#) and [second](#) editions.