



Quick activity 

E-Cigarettes/Vaping: Recognising tobacco industry manipulation



Evidence ratings:



This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 9–10

Targeted Drugs: Electronic Cigarettes/Vaping, Tobacco

Tags: e-cigarettes, vaping

Time Allocated: 7 lessons or more

Links to National Curriculum:

ACPPS091 (Yr 9–10)

Origin: Australian

Cost:

Free

Developers

Developed by Murrumbidgee Local Health District (MLHD) Health Promotion.

Format

The learning package includes 9 activities, with options for individual and group work, class discussion, and a video. Activities do not need to be completed in any particular order, and teachers can select the activities that are most relevant to include in their lesson plans.

Preparation

[Access the learning package here](#)

Each activity includes syllabus links, activity length, and instructions for teachers.

Benefits

- Understanding of the physical health effects of e-cigarette and tobacco use, including nicotine dependence, and the impacts on social and emotional health.
- Practice responding to peer encouragement to use e-cigarettes.
- Critical thinking about tobacco industry manipulation and advertising techniques.

Evidence Base

This is a well-designed activity package from Murrumbidgee Local Health District, developed in line with existing evidence. It covers a range of physical, social, and emotional health issues surrounding e-cigarette and tobacco use. The activities aim to equip students with skills to recognise and resist industry and peer influence.

*Review provided by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

