Positive Choices
Drug and Alcohol Information
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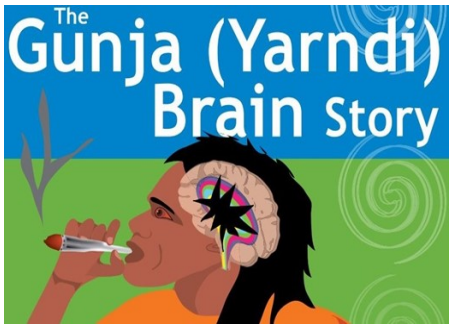
Factsheet

Gunja Brain Story



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 9–10, Year 11–12

Targeted Drugs: Cannabis

Tags: The Brain Stories

Time Allocated: Partial lesson (under 45mins)

Links to National Curriculum:
ACPPS092 (Yr 9–10), ACPPS093 (Yr 9–10), ACPPS095 (Yr 9–10), ACPPS098 (Yr 9–10)

Origin: Australian

Cost:
Free

Available

This resource is accessible as a downloadable PDF.

Access 'Gunja Brain Story'

Developers

Menzies School of Health Research and St Vincent's Hospital, Melbourne.

Summary

This cartoon-style flipchart has been developed to provide young Aboriginal and Torres Strait Islander people with information on cannabis. This resource provides information on how the brain works, why it is important to lead a healthy lifestyle, the effects of cannabis on the brain and how people can get better after using cannabis.

The Gunja Brain Story is part of The Brain Stories series. Other resources in this series include:

- The Grog Brain Story
- Sniffing and the Brain
- When Boys and Men Sniff
- When Girls and Women Sniff

Expected Benefits

- Increased knowledge of the effect of cannabis on the brain and body.

Evidence Base

Expert Review*:

The Gunja Brain Story provides an overview of how cannabis affects the brain as well as possible consequences for family, self, culture and community in a simple and engaging way. This flipchart can be used to guide conversations with young Aboriginal and Torres Strait Islander people about cannabis use. The resource touches on components of the Australian Health and Physical Education curriculum, including social influences, social consequences, and support-seeking.

*Review produced by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

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