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Quick activity

Integrity and Anti-Doping in Sport



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 9–10, Year 11–12

Targeted Drugs: Drugs (General), Steroids

Tags: sport, anti-doping

Time Allocated: 1-6 lessons

Origin: Australian

Cost:
Free

Attachments

Lesson Plan: Integrity and Anti-Doping in Sport

Developers

Developed as a collaboration between Australian Sports Anti-Doping Authority (ASADA) and National Integrity of Sport Unit (NISU).

Format

Teacher-led class using the lesson plan provided. This includes a lesson overview, key questions, and a list of activities. Activity options are individual, group, class discussion and a video.

For further information about the lesson plan, and to access other lesson plans, visit Sport Integrity Australia's websitehere.

Preparation

Access the lesson plan here. The lesson plan provided gives teachers background information, resources and ideas for creating their lessons on the topic of Integrity and Anti-Doping in Sport.

Benefits

- Understanding of integrity in sport and its importance
- Knowledge about doping and illegal supplement use
- Understanding of risk factors increasing the opportunity for corruption in Australian sport
- Critical thinking about some of the challenges of the current approach to maintaining the integrity of sport

Evidence Base

Expert Review*:

This is a well-designed lesson plan from the Australian Sports Anti-Doping Authority. It covers a range of practical, ethical and social issues surrounding sport and integrity in sport. The lesson plan is easily adapted by teachers to suit the needs and developmental level of their students, and can be adapted for Years 9-12.

*Review provided by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

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