



Webinar

## Webinar: How to engage your students with evidence-based drug education



### Evidence ratings:



This resource has undergone expert review. See our Help/Q&A section for more details.

### Year:

**Targeted Drugs:** Alcohol, Benzodiazepines, Cannabis, Cocaine, Drugs (General), Emerging Drugs ("Legal Highs"), GHB, Hallucinogens, Heroin, "Ice" (Methamphetamine), Ketamine, "Party Drugs"/MDMA/Ecstasy, Prescription Medication, Tobacco

**Tags:** Lesson plan, Australian Curriculum, School-based prevention

**Origin:** Australian

### Cost:

Free

## Attachments

[Webinar Handout 1: How to Engage Your Students with Evidence-Based Drug Education](#) [Webinar Handout 2: How to Engage Your Students with Evidence-Based Drug Education](#) [Webinar Transcript](#)

## Developers

The Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

## Available

1-hour webinar recording, available on demand.

## Summary

This webinar is particularly suitable for PDHPE teachers, but also relevant to principals, school counsellors or anyone working in a school community who would like information about online, evidence-based drug education and prevention. The webinar will introduce attendees to the Positive Choices drug education portal which houses a range of engaging learning resources that align with Australian Health and Physical Education curriculum requirements. The interactive session will provide an overview of what's available in terms of school-based drug prevention, with a focus on evidence-based materials proven to improve student's learning outcomes and wellbeing. Attendees will be shown how to use the portal to their advantage and will be provided with support in lesson planning and guidance about how to access and evaluate evidence-based resources that are engaging for young people.

## Benefits

This webinar will lead to:

- Awareness of the patterns of drug and alcohol use among young people and effective school-based prevention approaches.
- Orientation to a range of resources with the potential to engage all students despite their individual learning styles and requirements.
- Understanding of how to use the portal to plan lessons online according to Australian curriculum requirements.

## Evidence base

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This webinar was developed by Dr Lexine Stapinski and Siobhan Lawler at the NHMRC Centre of Research Excellence in Mental Health and Substance Use, National Drug & Alcohol Research Centre, UNSW (now based at The Matilda Centre for Research in Mental Health and Substance Use, The University of Sydney) and was informed by review of the research evidence on this topic.

(Webinar conducted on 15/6/16)