



Video

## Not Our Way Video - Ice



**Evidence ratings:**



This resource has undergone expert review. See our Help/Q&A section for more details.

**Year:** Year 9–10, Year 11–12

**Targeted Drugs:** "Ice" (Methamphetamine)

**Tags:** Ice, Methamphetamines

**Time Allocated:** Partial lesson (under 45mins)

**Links to National Curriculum:**

ACPPS092 (Yr 9–10), ACPPS093 (Yr 9–10), ACPPS096 (Yr 9–10)

**Origin:** Australian

**Cost:**

Free

### Available

This video is available on YouTube

[Watch 'Not Our Way \(Ice\)'](#)

### Developers

New South Wales Police Force.

### Summary

**Video length:** Under 6 minutes.

The **Not Our Way Video - Ice** shows the stories of individuals that had specifically used ice, and covers the impact of use on self, family, culture and community, as well as how to get help. This video has been developed for Aboriginal and Torres Strait Islander people and has useful information to support people in dealing with family members and friends who are taking methamphetamines.

Other Resources in this series include:

- Not Our Way Video - Pharmaceuticals (Prescription Medication)
- Not Our Way Storybook - Prescription Medication

### Expected Benefits

- Increased knowledge about harms associated with the misuse of methamphetamines (ice).

### Evidence Base

**Expert Review\*:**

This resource was developed by NSW Police through consultation with members of the Aboriginal and Torres Strait Islander community and agencies in metropolitan and rural locations across NSW. These videos provide practical information about the effects of misusing methamphetamines on self, family, culture and community with clear prevention messages for young people. The video touches on components of the Australian Health and Physical Education curriculum, including social influences, social consequences, and support-seeking.

\* Review produced by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.