Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Video

Not Our Way Video - Prescription Medication



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 9–10, Year 11–12

Targeted Drugs: Prescription Medication

Tags: Analgesics, Prescription Medication, pain

Time Allocated: Partial lesson (under 45mins)

Links to National Curriculum:
ACPPS092 (Yr 9–10), ACPPS093 (Yr 9–10), ACPPS096 (Yr 9–10)

Origin: Australian

Cost:
Free

Available

This video is available on YouTube

Watch 'Not Our Way (Prescription Medication)'

Developers

New South Wales Police Force.

Summary

Video length: Under 6 minutes.

The Not Our Way Video - Pharmaceuticals (Prescription Medication) shows the stories of individuals that had previously taken prescription medications (e.g. pain medication). This video has been developed for Aboriginal and Torres Strait Islander people and has useful information to support people in dealing with family members and friends who are misusing prescription medication.

Other resources in this series include:

- Not Our Way Video - Ice
- Not Our Way Storybook - Prescription Medication

Expected Benefits

- Increased knowledge about harms associated with the misuse of methamphetamines (Ice).
- Increased knowledge about harms associated with the misuse of prescription drugs.

Evidence Base

Expert Review*:

This resource was developed by NSW Police through consultation with members of the Aboriginal and Torres Strait Islander community and agencies in metropolitan and rural locations across NSW. These videos provide practical information about the effects of misusing methamphetamines and pharmaceutical drugs on self, family, culture and community with clear prevention messages for young people. The video touches on components of the Australian Health and Physical Education curriculum, including social influences, social consequences, and support-seeking.

* Review produced by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

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