



Webinar

# Podcast: Your Safe Space: Let's Talk About Vaping



**Evidence ratings:**

This resource is currently under evaluation. See our Help/Q&A section for more details.

**Year:**

**Targeted Drugs:** Electronic Cigarettes/Vaping

**Tags:**

**Origin:** Australian

**Cost:**

Free

## Available

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This podcast episode is available on Apple Podcasts, Spotify, and YouTube.

[Listen to 'Your Safe Space' on Apple Podcasts](#)

[Listen to 'Your Safe Space' on Spotify](#)

[Watch 'Your Safe Space' on YouTube](#)

## Developers

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Your Safe Space podcast, hosted by Adele Maree.

## Summary

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**Podcast length:** 24 minutes.

Adele Maree shared why she chooses not to vape and directs her listeners to evidence-based resources.

## Expected Benefits

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- Understanding of evidence-based resources available on Positive Choices

## Evidence Base

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The podcast section on vaping was reviewed by researchers at the Matilda Centre, University of Sydney.