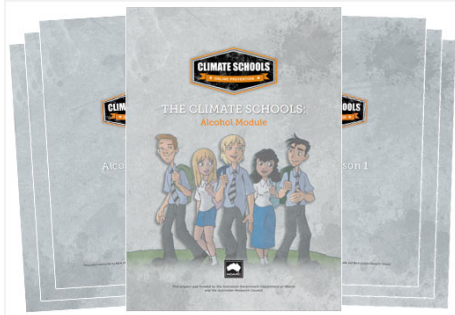





Recovery Position Role Play: Class Activity



Evidence ratings: 

This resource has undergone expert review. See our [Help/Q&A section](#) for more details.

Year: Year 7–8, Year 9–10

Targeted Drugs: Alcohol, Drugs (General)

Tags:

Time Allocated: 1 lesson

Links to National Curriculum:

ACPPS072 (Yr 7–8)

Origin: Australian

Cost:

Free

Attachments

 [Worksheet: Recovery Position Role Play](#)

Developers

Climate Schools was developed by researchers currently based at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney, Australia, formerly based at the National Drug and Alcohol Research Centre (NDARC), School of Psychiatry, and the NHMRC Centre of Research Excellence in Mental Health and Substance Use at UNSW Sydney. See [Climate Schools](#).

Format

Role-play in pairs.

Preparation

To be familiar with the procedure for placing someone in the recovery position.

Print a class set of Recovery Position Cards (attached).

Activity

Role play:

The aim of this exercise is for each student to learn how to put a person into the recovery position. The teacher should get a volunteer to come out to the front of the class and use this person to demonstrate the recovery position. The class should then be broken into pairs and each pair provided with a Recovery Position Card. Each person in the pair should alternate, so that they have a turn to place a person in the recovery position and be the patient.

Benefits

- Students learn how to put someone into the recovery position.

Evidence Base

Secondary teachers reviewed this and other Climate School activities, with 92.3% rating these activities as good or very good. This particular activity was among the most popular activities selected for implementation by teachers.

The benefits of implementing individual activities from the Climate schools has not been examined. The benefits of implementing the entire 6 session Climate schools program has been supported by multiple research studies, see [Climate Schools: Alcohol Module](#).

Page last reviewed: 8 May 2019.