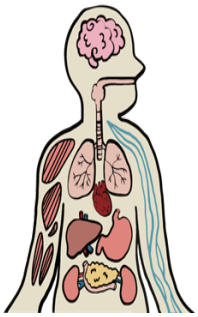
Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Game

Strong Spirit Strong Mind: Interactive Body Tool



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 9–10, Year 11–12
Targeted Drugs: Alcohol
Tags:
Time Allocated: Partial lesson (under 45mins)
Origin: Australian
Cost:
Free

Available

The Interactive Body Tool is available on the Strong Spirit Strong Mind website.

Access the Interactive Body Tool

Developers

Strong Spirit Strong Mind, Government of Western Australia Mental Health Commission

Summary

Students learn about the short- and long-term effects of alcohol on different parts of the body.

Format

An online, interactive tool where students select different parts of the human body and learn about how each part is affected by alcohol.

Expected Benefits

- Increased knowledge and understanding of the effects of alcohol on the body

Evidence Base

The benefits of this game have not been evaluated in a research study. The Strong Spirit Strong Mind website has been developed by the Government of Western Australia Mental Health Commission and uses a strength-based approach. The information is aligned with current evidence about the effects of alcohol and is presented in an easy-to-understand format.

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