

Webinar 👤



Upcoming Webinar: From the lab to the classroom - Real world implementation of evidence-based substance use prevention and mental health programs



**Evidence ratings:** 



This resource has undergone expert review. See our Help/Q&A section for more details.

Year:

Targeted Drugs: Alcohol, Drugs (General)

Tags: prevention, implementation

Origin: Australian

Cost:

Free

## Register for the free webinar

Register for the upcoming webinar via Zoom.

Register via Zoom

#### **Format**

1 hour free webinar on Wednesday 26<sup>th</sup> November 2025 at 12:00pm AEDT via Zoom.

### Summary

Presented by Dr Lauren Gardner and Mrs Natalie Gorgioski, this webinar presents findings from the Movember Foundation's 'Scaling What Works Program - Taking evidencebased health and wellbeing programs to scale'. Focusing on the effective OurFutures and PreVenture substance use prevention and mental health programs, the webinar explores the barriers and facilitators that teachers experience when using these programs and provides practical advice about delivering evidence-based education in your school.

Following the presentation, there will be a Q&A session.

## **Expected Benefits**

This webinar will provide:

- Information about barriers and facilitators to substance use prevention programs
- Strategies for delivering evidence-based education in schools

# About the speakers

Dr Lauren Gardner is a Senior Research Fellow and NHMRC Emerging Leadership Fellow within the Matilda Centre at the University of Sydney. As Program Lead of School-Based Health Interventions, Lauren has expertise in the development, evaluation, and translation of digital preventive interventions to enhance adolescent health and wellbeing. Most recently, this includes leading the development of the OurFutures Vaping program, and its evaluation in the world's largest randomised controlled trial of a school-based digital intervention to prevent vaping (40 schools, >5,000 students). Lauren also leads implementation research to drive large scale dissemination of evidence-based health and wellbeing programs into schools both nationally and internationally.

Natalie Gorgioski is a Research Assistant for the Matilda Centre at the University of Sydney. Natalie comes from a health promotion background having worked for the Northern Sydney Local Health District in the School Years team. She has also worked as a research assistant for a health equity organisation and Macquarie University under the School of Education. Natalie is passionate about youth mental health, wellbeing and building healthy communities.

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