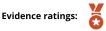


Drug and Olcohol Information Get informed, stay smart, stay safe

Webinar 🔎

# Webinar: OurFutures- Evidence-based health and wellbeing courses for secondary school students





This resource has undergone expert review. See our Help/Q&A section for more details.

#### Year:

Targeted Drugs: Alcohol, Cannabis, Drugs (General), "Party Drugs"/MDMA/Ecstasy, Tobacco Tags: OurFutures, Prevention Program Origin: Australian Cost: Free

#### Attachments

🛃 Webinar Handout 🛃 Webinar Transcript

#### **Developers**

The Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

## Available

1 hour webinar recording and handout, available on demand.

## Summary

This webinar is for teachers, other school staff, and youth health workers who are interested in learning about OurFutures, a suite of evidence-based health education courses.

Previously known as *Climate Schools, OurFutures* is a rebranded and refreshed version of the effective online health education modules. The effectiveness of the online courses has been established in 7 large randomised controlled trials (RCTs), including >14,600 students from 169 schools across Australia. Learn about *OurFutures* and how you can implement this evidence-based suite of programs in your school.

#### Benefits

The webinar will provide an overview of:

- Substance use and mental health among Australian adolescents.
- The OurFutures/Climate Schools model, evidence, and impact.
- The new and improved OurFutures platform.
- Information about how to get involved.

#### **Evidence Base**

This webinar was developed by Dr Lauren Gardner at the Matilda Centre for Research in Mental Health and Substance Use, University of Sydney and was informed by a review of the research evidence on this topic.

(Webinar conducted on 9/2/22)

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