



Webinar 

# Webinar: OurFutures- Evidence-based health and wellbeing courses for secondary school students



**Evidence ratings:** 

This resource has undergone expert review. See our Help/Q&A section for more details.

**Year:**

**Targeted Drugs:** Alcohol, Cannabis, Drugs (General), MDMA/Ecstasy, Tobacco

**Tags:** OurFutures, Prevention Program

**Origin:** Australian

**Cost:**

Free

## Attachments

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[📄 Webinar Handout](#) [📄 Webinar Transcript](#)

## Developers

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The Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

## Available

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1 hour webinar recording and handout, available on demand.

## Summary

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This webinar is for teachers, other school staff, and youth health workers who are interested in learning about *OurFutures*, a suite of evidence-based health education courses. Previously known as *Climate Schools*, *OurFutures* is a rebranded and refreshed version of the effective online health education modules. The effectiveness of the online courses has been established in 7 large randomised controlled trials (RCTs), including >14,600 students from 169 schools across Australia. Learn about *OurFutures* and how you can implement this evidence-based suite of programs in your school.

## Expected Benefits

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The webinar will provide an overview of:

- Substance use and mental health among Australian adolescents.
- The OurFutures/Climate Schools model, evidence, and impact.
- The new and improved OurFutures platform.
- Information about how to get involved.

## Evidence Base

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This webinar was developed by Dr Lauren Gardner at the Matilda Centre for Research in Mental Health and Substance Use, University of Sydney and was informed by a review of the research evidence on this topic.

(Webinar conducted on 9/2/22)

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