Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Webinar

Webinar: OurFutures- Evidence-based health and wellbeing courses for secondary school students

Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year:

Targeted Drugs: Alcohol, Cannabis, Drugs (General), MDMA/Ecstasy, Tobacco

Tags: OurFutures, Prevention Program

Origin: Australian

Cost:
Free

Attachments

Webinar Handout Webinar Transcript

Developers

The Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

Available

1 hour webinar recording and handout, available on demand.

Summary

This webinar is for teachers, other school staff, and youth health workers who are interested in learning about *OurFutures,* a suite of evidence-based health education courses.

Previously known as *Climate Schools*, *OurFutures* is a rebranded and refreshed version of the effective online health education modules. The effectiveness of the online courses has been established in 7 large randomised controlled trials (RCTs), including >14,600 students from 169 schools across Australia. Learn about *OurFutures* and how you can implement this evidence-based suite of programs in your school.

Expected Benefits

The webinar will provide an overview of:

- Substance use and mental health among Australian adolescents.
- The OurFutures/Climate Schools model, evidence, and impact.
- The new and improved OurFutures platform.
- Information about how to get involved.

Evidence Base

This webinar was developed by Dr Lauren Gardner at the Matilda Centre for Research in Mental Health and Substance Use, University of Sydney and was informed by a review of the research evidence on this topic.

(Webinar conducted on 9/2/22)

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