Positive Choices
Drug and Alcohol Information
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Webinar

Webinar: Social media, alcohol use and parent monitoring across adolescence



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year:

Targeted Drugs: Alcohol

Tags: social media, parental monitoring

Origin: Australian

Cost:
Free

Attachments

Webinar slides: Social media, alcohol use, and parental monitoring across adolescence Webinar Transcript

Developers

The Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

Available

30-minute webinar recording and handout, available on demand.

Summary

This webinar is for parents, school staff, and anyone else seeking information about the relationship between social media use and drinking, and how parents can protect against alcohol use in adolescence.

On average, Australian teenagers spend more than 3 hours per day on social networking sites. Greater time spent using these sites has been linked to greater drinking frequency in adolescence. This webinar will present information on the relationship between using social networking sites and drinking frequency, and will focus on how parents can intervene to protect their child from alcohol-related harms.

Benefits

This webinar will provide:

- Information on how time spent on social networking sites may impact teenage alcohol use.
- Information about what parents can do to minimise the effect of social networking time and protect their child from problem drinking.

Evidence Base

This webinar was developed by Ms Anna Smout at the Matilda Centre for Research in Mental Health and Substance Use, University of Sydney, and was informed by a review of the research evidence on this topic.

(Webinar conducted on 19/6/19)

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