Positive Choices
Drug and Alcohol Information
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Webinar

Webinar: How do mental health and substance use disorders affect young people?



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year:

Targeted Drugs: Alcohol, Drugs (General)

Tags: Climate Schools, Comorbidity, Mental Health, Prevention

Origin: Australian

Cost:
Free

Attachments

Webinar Handout: How do Mental Health and Substance Use Disorders affect Young People? Webinar Transcript

Developers

The Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

Available

1-hour webinar recording and handout, available on demand.

Summary

This webinar provides valuable information for anyone caring for or working closely with a young person. Mental health and substance use disorders are among the most common disorders for young people, and frequently occur together. This webinar presents findings from the latest research into patterns of co-occurring mental health and substance use disorders and how often these occur among young people in Australia. Key differences between young men and women and the implications of these trends will be explored. A deeper understanding of the changing landscape of mental and substance-use disorders in Australia and what it means for young people will give attendees important insights, and inform prevention and early intervention approaches.

Expected Benefits

This webinar will lead to:

- An understanding of what defines co-morbidity and why this is important.
- Improved knowledge of the patterns of co-occurring mental and substance use disorders among young people in Australia, how these are changing, and the implications of this shift.
- Knowledge on the importance of evidence-based prevention and early intervention for effective harm reduction initiatives.

Evidence Base

This webinar was developed by Dr Cath Chapman at the NHMRC Centre of Research Excellence in Mental Health and Substance Use, National Drug & Alcohol Research Centre, UNSW (now based at The Matilda Centre for Research in Mental Health and Substance Use, The University of Sydney) and informed by review of the research evidence on this topic.

(Webinar conducted on 30/7/15)

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