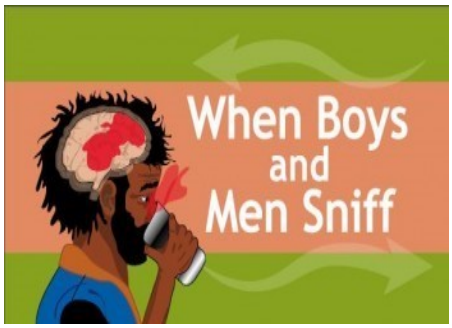
Positive Choices
Drug and Alcohol Information
Get informed, stay smart, stay safe

Factsheet

When Boys and Men Sniff



Evidence ratings:

This resource has undergone expert review. See our Help/Q&A section for more details.

Year: Year 9–10, Year 11–12

Targeted Drugs: Inhalants

Tags: The Brain Stories, Inhalants

Time Allocated: Partial lesson (under 45mins)

Links to National Curriculum:
ACPPS089 (Yr 9–10), ACPPS092 (Yr 9–10), ACPPS093 (Yr 9–10), ACPPS095 (Yr 9–10), ACPPS098 (Yr 9–10)

Origin: Australian

Cost:
Free

Available

This resource is accessible as a downloadable PDF.

Access 'When Boys and Men Sniff'

Developers

Menzies School of Health Research and St Vincent's Hospital, Melbourne

Summary

This flipchart provides information specifically for males to address topics that are strictly men's business. This resource provides information on the effects of sniffing on men in relation to violence, and its effects on their family, community and personal relationships. This flipchart includes mature content, such as talking about sexual assault, sexual transmitted infections and death.

Other resources in this series include:

- Sniffing and the Brain
- The Grog Brain Story
- Gunja Brain Story
- When Girls and Women Sniff

Benefits

- Increased knowledge of the effect of inhalants on the brain and body.
- Increased knowledge of how inhalants can affect relationships.

Evidence Base

Expert Review*:

When Boys and Men Sniff provides a brief overview of how inhalants affect the brain as well as the repercussions for family, self, culture and community in a simple and engaging way. The flipchart was developed by the Menzies School of Health Research and touches on components of the Australian Health and Physical Education curriculum, including social influences, social consequences, and support-seeking.

*Review produced by researchers at the Matilda Centre for Research in Mental Health and Substance Use at the University of Sydney.

© 2026 Positive Choices | Built by Netfront